

EFFECTIVE NON-TOXIC TREATMENTS FOR CANCER ARE
AVAILABLE – IF YOU LEAVE NORTH AMERICA

By Barbara Clearbridge

July, 2001

Copies or further information available from:

*Peace Eagle Publications
P. O. Box 33
Vergennes, VT 05491*

*Also available free online at: **www.FeelingMuchBetter.org***

Feel free to copy all or any part of this report, as long as you include the source notes at the end of it – I do not want to be contacted by numerous people asking me where I got my information. Thank you for respecting my work.

Table Of Contents

INTRODUCTION	1
SUPPRESSION OF FACTS BY RESEARCH INSTITUTIONS AND GOVERNMENTS	2
FACTS ABOUT SURGERY	3
FACTS ABOUT RADIATION	3
FACTS ABOUT CHEMOTHERAPY	4
SUPPRESSION OF ALTERNATIVE TREATMENTS	6
Dr. Lawrence Burton; Harry Hoxsey; DMSO; Coley's Toxin; Bio-Oxidative Therapies: Dr. Charles Farr, Ozone Therapy; Immune Therapies: Dr. Virginia Livingston, Dr. Josef Issel; Metabolic Therapies: Dr. Max Gerson, Dr. William D. Kelley; Diet Therapies: Macrobiotics, Moerman's, Dr. Henry Bieler; Herbal Therapies: Essiac; Urine Therapy: Dr. Stanislaw Burzynski; Energy Medicine: Energy Work / Laying-on-of-Hands, Qigong, Acupuncture, Homeopathy, Devices (Rife Frequency Instrument, Cell Specific Therapy, Multi-Wave Oscillator, EDS and Bio-energy devices, VEGA, Jacobson Resonator), Distance Healing; Miscellaneous Therapies	
ADJUNCTIVE (COMPLEMENTARY) THERAPIES	16
Hyperthermia; Bio-cycle Planning; Psycho-neuro-immunology: Visualization, Control of One's Treatment; Fu Zhen Therapy; Live Cell Therapy; Hypnosis	
CAUSES OF CANCER	18
Food and Food Additives; Immune System Failure: Environmental Pollution, Chemical Wastes, Chlorinated Water, Plastics, Electromagnetic Radiation; Failure of Other Body Systems; Emotional Causes; Other Causes: Bras/Constriction of Lymph Glands, Miscellaneous Causes	
DYING FOR DOLLARS: THE POLITICS OF CANCER TREATMENT AND RESEARCH	24
The Food & Drug Administration; The National Center for Complementary & Alternative Medicine; The Pentagon; The American Cancer Society; The National Cancer Institute; The Journal of the American Medical Association; The Pharmaceutical Industry; Insurance Companies; Websites	

WHY DOCTORS CONFORM	29
They Don't Know; Career Pressures; Human Nature and Change; They Don't Like You; The Money Is Too Good; Lack of Liability	
WHAT YOU CAN DO: THE PATIENT'S BILL OF RIGHTS	31
YOU DON'T BELIEVE ME / CONCLUSION	32
WHAT I WOULD DO IF I WAS DIAGNOSED WITH CANCER	33
In the Meantime – Prevention	
POEM: JASON AS THE SURGEON	34
RESOURCES AND BOOKS	35
NOTES FOR QUOTES	
INDEX	

INTRODUCTION

“Since the days of revelation, in fact, the same four corrupting errors have been made over and over again:

*submission to faulty and unworthy authority;
submission to what it was customary to believe;
submission to the prejudices of the mob;
and worst of all, concealment of ignorance by a false show of unheld
knowledge,
for no better reason than pride.”*

– Roger Bacon

I have known many people who have had cancer. The fear, panic and stress of the “likely death sentence” contribute to people immediately taking action, usually the strong action of surgery, chemotherapy, and/or radiation. The purpose of this report is to help you to be aware of some facts about treatment options, some of the causes of cancer upon which alternative treatments are based, and the political maneuverings of the “cancer industry.” At the end you will find a list of resources for further information.

The immediate first step to take if you receive a diagnosis of cancer is to get a second opinion. Lab tests can get mixed up or be wrongly interpreted, and this happens more often than you might think.

“Nearly every published study puts the mistake rate of X-ray readers at 20% - 40%. In one research project, it was seen that radiologists working at Harvard University ‘disagreed on the interpretation of chest radiographs as much as 56% of the time. Moreover, there were potentially significant errors in 41% of their reports.’”¹

Errors can include *missed* tumors, as well as other misdiagnoses. Biopsies are also subject to mistakes. Doctors and diagnosticians are human – it is important to get a second opinion and perhaps even a third.

People often agree to the strongest treatment available – surgery, chemotherapy and/or radiation – no matter what the condition of their general health is. Usually they don’t question what their doctor says. “The treatment of choice” is the magic phrase uttered by the doctor, and the frightened patient starts treatment with no exploration of alternatives – or even of complementary treatments which can greatly enhance the effectiveness of surgery, chemotherapy and radiation.

“The key to the treatment of cancer is to realise it is a biological process, not a weird entity coming from a source entirely outside our control.”²

A diagnosis of cancer does not need to frighten you into blind obedience to your doctor. *You have non-toxic, effective options in cancer treatment.* There is a whole slew of cancer therapies which have been **proven effective** and have few or no toxic side effects, and which are working well for people in other countries. Only a few of these therapies are offered in the U.S. – by doctors willing to buck the system and take the consequences. I have found cancer cures in books dating back to before 1900, most of them developed by prominent doctors or scientists. Even at that time, conventional doctors all over the world were ostracizing practitioners, closing

down their practices, outlawing the therapies, restricting the publication of articles designed to educate the public (and other doctors), and all this *despite cure rates greater than those of the conventional treatment of the time.*

This practice continues. Today, in the U.S. and Canada, the powerful medical associations and cancer research organizations still shut down all competition, despite recent research showing therapies with cure rates *higher than those obtained by chemotherapy and radiation. In fact, research has shown that in some cases conventional treatment is worse than no treatment at all.*³ Yet surgery, chemotherapy and radiation persist as “the treatment of choice.” Why?

SUPPRESSION OF FACTS BY RESEARCH INSTITUTIONS AND GOVERNMENTS

“Despite the public’s support and growing interest in nontoxic, noninvasive alternative approaches, the medical establishment has waged a fierce campaign against such therapies, labeling them quackery.... Official medicine pours billions of dollars into narrow research supporting chemotherapy, radiation and surgery as the major weapons in ‘the war on cancer.’ That war has been a total failure in slowing the death rate...

*“‘Everyone should know that the “war on cancer” is largely a fraud,’ wrote Dr. Linus Pauling, two-time Nobel Prize Winner. Another Nobel winner, Dr. James Watson, co-discoverer of the DNA double helix, put the matter more bluntly. Watson served for two years on the National Cancer Advisory Board. Asked in 1975 what he thought of **the National Cancer Program**, he promptly replied, ‘It’s a bunch of shit.’”⁴*

Dr. Hardin Jones, Professor of medical physics at the University of California at Berkeley, analyzed cancer survival statistics for 25 years. In 1969, at an American Cancer Society (ACS) meeting, he said *that untreated patients do not die sooner than patients receiving orthodox treatment, and in many cases they live longer. This negative assessment was subsequently supported by three other studies done by other researchers. No study has ever refuted these findings.*⁵

A group of vested, interlocking interests preserve the status quo in cancer treatment and research. This group includes the ACS, National Cancer Institute (NCI), large pharmaceutical companies, and some insurance firms, hospitals, and medical schools, according to Richard Walters, author of Options: The Alternative Cancer Therapy Book. He asserts that this “medical cartel” is headed by the American Medical Association (AMA), “a trade union with an extremely powerful lobby.” According to Walters, the AMA represents less than half the allopathic (conventional) doctors in the U.S., yet has a stranglehold over government American health care policies.

Over the course of time, the AMA has denounced midwifery, self-care, optometry, homeopathy, osteopathy, acupuncture and lay analysis as being dangerous, fraudulent, or both.*⁶

** A long-established medical profession in Europe*

In 1987, the AMA was found guilty of restraint of trade in a “conspiracy to destroy and eliminate” the chiropractic profession, a legitimate competitor. Chiropractic physicians still have reporting requirements

which allopathic physicians do not. The AMA continues to stage campaigns against alternative methods and doctors.

In 1953, U.S. Justice Department lawyer Benedict Fitzgerald led an investigation into the cancer industry. The investigation concluded that the AMA, NCI and FDA had entered into a conspiracy to promote radiation, chemotherapy and surgery, *while suppressing promising therapies that were highly praised by the cured patients themselves*. What was the government's response? Fitzgerald was fired.⁷

FACTS ABOUT SURGERY

Here are some things to think about when pondering having surgery. The September 22, 1986 issue of "Business Week" noted that surgery, radiation and chemotherapy all tend to fail for a very simple reason: **a tumor the size of your thumb has one billion malignant cells in it. Even if a treatment gets 99.9% of them, a million remain to kill you.**⁸

*"An operation on a bad malignant case is a very [great] matter. Sometimes one gets a blaze up of toxæmia.... Further, cancer has very frequently spread far beyond the reach of operation and the operation shock hastens the spread of the [cancer] virus and the death of the patient."*⁹

How about lymph node surgery, in an effort to remove every cancer cell? Patrick McGrady of CANHELP says:

"Even though it's been proven conclusively that lymph node excision after radiation does not prevent the spread of cervical cancer, you will still see lymphadenectomies performed all over the country routinely. This despite the fact that lymphadenectomies make women feel so bad they wish they were dead – and are a proven useless procedure."¹⁰

FACTS ABOUT RADIATION TREATMENT

"The majority of cancers cannot be cured by radiation because the dose of X rays required to kill all the cancer cells would also kill the patient."¹¹

Professor John Cairns, Harvard University School of Public Health, 1985

*Dr. Robert R. Jones, 1980: "Many radiation complications do not occur for several years after treatment, giving the therapist and the patient a false sense of security for a year or two following therapy...the bone marrow, in which blood cells are made, is largely obliterated in the field of irradiation.... This is an irreversible effect."*¹²

Dr. Lucien Israel, consultant to the NCI, said in 1978, that people who undergo radiation therapy **are more likely to have their cancer metastasize to other sites**. Other studies have supported this view. He also stated that the radioactivity intended to kill cancer cells can, instead, trigger mutations that create new cancer cells of other types.¹³

According to several clinical trials and a study published in "The Lancet," a British medical journal, **radiotherapy [radiation] following breast surgery increases death rates.**¹⁴

Early studies at Memorial Sloan-Kettering Cancer Center In New York showed that radiotherapy was deadly and that patients who received NO radiation lived longer than those who were irradiated.¹⁵

Dr. Irwin Bross, former Director of Biostatistics at Roswell Park Memorial Institute, said in 1979: *“For 30 years radiologists in this country have been engaged in massive malpractice.”* It should not surprise us that Bross was unable to get funding to research what he calls “doctor-caused cancer” from radiation therapy.

If these studies and quotes are true, why does your doctor continue to recommend radiation? We’ll get to that in the last part of this report. In the meantime, he or she certainly knows about the side effects, which include severe, prolonged immune deficiency (which leads to contracting other kinds of illnesses), and chromosomal damage, both of which can result in later cancers. These are not “side effects,” these are PRIMARY EFFECTS. Radiation can also cause nausea, vomiting, weakness and fatigue (to the point where some patients become bedridden), sores or ulcers, bone death following irradiation of the mouth, welts and extensive burns of the skin, rectal ulcers, fistulas, bladder ulcers, colitis, and even the swelling of a tumor after a large dose of radiation, which is especially dangerous for brain tumors. If these “side effects” were caused by an herbal treatment, a homeopathic one, or any alternative treatment, *do you think the treatment would be approved by the FDA and the AMA?*

Dr. William Kelley, developer of an alternative, metabolic treatment: “Often while making a biopsy the malignant tumor is cut across, which tends to spread or accelerate the [cancer] growth. Needle biopsies can accomplish the same tragic results.”¹⁶ Surgery to remove the tumor can do the same thing. Dr. Kelley advises using homeopathic treatment to render the tumor harmless before attempting surgery.

FACTS ABOUT CHEMOTHERAPY

“The cancers from which most people die – the big killers like breast, colon, and lung cancer – generally do not respond to chemotherapy. Chemotherapy has only a limited effectiveness against any tumor that is large or has spread; its successes are generally with small, very early tumors. Several studies indicate that chemotherapy has no survival value in breast cancer.”¹⁷

Most cancer patients in this country die of chemotherapy. Chemotherapy does not eliminate breast, colon or lung cancers. The fact has been documented for over a decade.... Women with breast cancer are likely to die faster with chemotherapy than without it.”¹⁸

Dr. Alan Levin, Professor of Immunology,
University of California Medical School, 1987

Dr. John Cairns says that chemotherapy at most prevents “perhaps 2% or 3%” of the cancer deaths each year.¹⁹ If you have been diagnosed with cancer, find out if your type will be hurt or helped by chemotherapy. (See Resources)

Ulrich Abel, Ph.D., of West Germany, did a comprehensive study on chemotherapy. In 1990 he wrote, “There is no evidence for the vast majority of cancers that treatment with these drugs exerts any positive influence on survival or quality of life in patients with advanced disease.” He stated that *although chemotherapy does shrink tumors initially in many patients, unfortunately this did not prolong survival because the cancer usually returned, often more aggressively than at first.* In Abel’s poll of hundreds of cancer doctors worldwide, he discovered that **many oncologists would not take chemotherapy themselves if they had cancer.** Publicity about Abel’s research was completely suppressed in the U.S. (So much for freedom of speech in the media.)

Dr. Levin, at a national conference on medical abuses, said: “Practicing physicians are intimidated into using regimes *which they know do not work.* One of the most glaring examples is chemotherapy, which does not work for the majority of cancers. Despite the fact that *most physicians agree that chemotherapy is largely ineffective,* they are coerced into using it by special interest groups which have vested interest in the profits of the drug industry.”²⁰ (More on that, later.)

In the meantime, chemotherapy continues, despite the fact that **ALL chemotherapy drugs are toxic, and many are themselves carcinogenic.**

Where is the logic in using cancer-causing drugs to fight cancer? Where is the logic in suppressing the body’s mechanism for fighting disease – the immune system – in order to fight disease? According to statistics about treatment results, there IS no logic. It doesn’t work.

“The ‘proven’ methods of toxic chemotherapy, carcinogenic radiotherapy [radiation] and surgery are a failure for the majority of patients. The death rates from the six major killer cancers – cancers of the lung, colon, breast, prostate, pancreas, and ovary – have either stayed the same or increased during the past sixty years.”²¹

The overall, age-adjusted cancer death rate has RISEN by 5% since the “war on cancer” began, and this is despite earlier detection.²²

Before you agree to chemotherapy, surgery or radiation, contact some of the consumer groups listed at the end of this report. Get some second opinions about the effectiveness of these choices for your specific kind of cancer.

“As each technological advance entered medical practice, we found ourselves paying an increasing price of unexpected side effects. Most technological cures for cancer, for example, were found to be carcinogenic themselves. Because such unexpected side effects have required additional ‘technological fixes,’ we now find ourselves in a spiral in which technological applications are piled one atop another, with no end in sight, and no cure for the patient.

The chemical-mechanistic paradigm has failed, and a medical revolution has begun.... Many physicians are reexamining and applying therapeutic techniques that were previously discarded as ‘unscientific’ by academic medicine. The use of foods, herbs, meditation, and acupuncture are only a few examples. This radical change in medical practice is deeply rooted in ancient concepts of life, energy, and medicine, and it includes a reaffirmation of the innate healing ability of living things.”²³*

* This idea states that people are machines: if a part breaks, you fix that part. The paradigm does not take into account the rest of the body, or the effects of lifestyle, mind, emotions and spirit on health.

SUPPRESSION OF ALTERNATIVE TREATMENTS

Here is a sampling of effective therapies which have been suppressed in North America, beginning with the two most outstanding cases.

Dr. Lawrence Burton’s Therapy. Dr. Burton developed his “Immuno-augmentative Therapy” while he was a senior oncologist in a New York City hospital in the 1960’s. *Fifty percent to sixty percent of his patients experienced benefits ranging from tumor reduction to cure.* He achieved five-year survival rates for colon and abdominal cancers, which the NCI says have a ZERO five-year survival rate. (“Five-year survival rate” means patients still living five years after the diagnosis.) The ACS tried to buy Burton’s discoveries from him. When he refused, they tried to hire him to work for them. When he again refused, the ACS reversed their stated opinion of his therapy and blacklisted him by putting his treatment on their “Unproven Methods List.” As happened to most people on the blacklist, he then lost his funding and was refused publication by journals. The U.S. Food & Drug Administration (FDA) refused to permit clinical trials of his therapy. Dr. Burton eventually was forced to leave the country; he now practices in the Bahamas. Periodically the NCI tries to convince the Bahamian government to shut down the clinic. Clinics using the Burton treatment also operate in Germany, Italy, and Switzerland.

Hoxsey’s Herbal Treatment. Harry Hoxsey’s herbal treatment cured thousands of people. By 1955 he operated the world’s largest private cancer treatment center, in Dallas. The FDA and AMA *approved the treatment as effective*, then subsequently shut down the clinic. A federal report to Congress **found the FDA, AMA and NCI guilty of a conspiracy to suppress** an impartial assessment of Hoxsey’s methods. In 1960, Hoxsey’s chief nurse, Mildred Nelson, opened a clinic in Tijuana, which still provides Hoxsey’s treatment today.

DMSO. DMSO (dimethyl sulfoxide) is used in biologic and metabolic cancer therapies. There have been nearly 6,000 articles about DMSO in the scientific literature and several international symposia about it. Dr. Chauncey Leake of the University of California Medical Center, said in 1966: “Rarely has a new drug come so quickly to the judgment of the members of the health professions with so much verifiable data from so many parts of the world, both experimental and clinically, as to safety and efficacy.”²⁴ DMSO is a prescription drug in 55 countries. Despite all of this, in America the FDA allows it to be used only for a rare bladder ailment.

Coley's Toxin.

"In 1975, [Dr. William] Coley mixed up a combination of the worst bacterial toxins he could find and began injecting them into patients with inoperable cancers.... 186 patients treated with Coley's toxin showed cures in 105 cases, a much better success rate than any other treatment then, or now, available.

Despite these promising results, no large-scale clinical studies have ever been done.²⁵

Bio-oxidative Therapies, Including Oxygen, Ozone, and Hydrogen Peroxide. German biochemist Otto Warburg, a two-time Nobel Prize winner, stated in his 1930 book, The Metabolism of Tumors, that the primary cause of cancer is the replacement of the process of oxygenation in normal cells by the fermentation of sugar, resulting in insufficient oxygen in the body. In the mid-1950's, Warburg showed that cancer cells die in the presence of a high oxygen concentration. These two discoveries have led to the development of cancer treatments using forms of oxygen.

Dr. Charles Farr. Dr. Farr was nominated to receive the 1993 Nobel Prize for Medicine for his work in the field of biological oxidation and hydrogen peroxide therapy. His work has been largely ignored by the medical/scientific establishments in the U.S. and Canada.

Ozone Therapy. A cancer treatment combining ozone and oxygen has been extensively used in Europe, Cuba, Mexico, Russia and Australia for over 50 years. It has been documented that ozone has shrunk tumors. It has also been used for infections, arteriosclerosis, diabetes, wounds, gangrene, asthma, AIDS, and many other conditions. Despite this, the U.S. medical orthodoxy considers it "experimental," "quackery," and potentially dangerous! The FDA has severely limited its uses. Clinics have been closed down, and practitioners threatened with jail.²⁶ Some people think that a major reason for this lack of interest is that ozone and hydrogen peroxide are non-patentable substances that are very inexpensive to manufacture and use. Thus there are no financial incentives to incorporate them into traditional medical practice.

Immune Therapies. I have already mentioned Dr. Lawrence Burton. Two others are especially notable.

Dr. Virginia Livingston. Dr. Livingston treated people partly by making an immune stimulator from the patient's own tumor. Despite good results with patients, California officials shut down her clinic. *The ACS blacklisted her methods WITHOUT DOING ANY INVESTIGATION OF THEM.* Her clinic has since reopened.

Dr. Josef Issel. Issel's "Whole-body Treatment" was blacklisted by the ACS *WITHOUT OBSERVATION OF HIS METHODS.* He was also persecuted by the medical establishment in Germany. Now there is a clinic there based on Issel's methods, and another in Florida run by Dr. Ahmen Elkadi.

Metabolic Therapies. These are based on the principle that many factors are involved in cancer causation and, therefore, a multifaceted healing program is required to reverse it. A combination of methods is used to improve the functioning of glands, organs and systems – not just the functioning of the organ that has developed the cancer. The goal is to restore metabolic balance, and so eliminate the conditions that allowed the tumor to develop in the first place. Of the many metabolic therapies, I will mention two:

Dr. Max Gerson. Gerson's treatment, which included a special diet, brought this comment from Albert Schweitzer: *"I see in him one of the most eminent medical geniuses in the history of medicine."*²⁷ Gerson was blacklisted, expelled from the New York Medical Society, and deprived of hospital affiliations. **He remains**

so today despite his diet's similarities to ones now endorsed by the ACS and NCI. Gerson's daughter now runs clinics in California and Mexico.

Dr. William D. Kelley. Kelley was blacklisted and – are you ready? – in 1971 **the U.S. Supreme Court FORBID HIM FROM PUBLISHING HIS METHODS.** (So much for the freedom of speech guaranteed by the U.S. Constitution.) Kelley's program is now being used by Dr. Nicholas Gonzalez in New York City. Biologist Harold Ladas, Ph.D., says: "*Gonzalez has given us convincing evidence that diet and nutrition produce long-term remission in cancer patients almost all of whom were beyond conventional help.*"²⁸

Diet Therapies.

Macrobiotics. This diet showed significant results in treating cancer in research at Tulane, Harvard Medical School, and Ghent University in Belgium; Japanese research on a prominent ingredient in that diet, the shiitake mushroom, also showed significant results.

Moerman's. This "anti-cancer" diet is an officially-approved treatment in the Netherlands.

Dr. Henry Bieler. His nutritional therapy cured both malignant and fibroid tumors as early as 1965.

Herbal Therapies and Supplements. There are many programs for cancer treatment which use herbal mixtures and/or supplements of various kinds. I have already mentioned Hoxsey's herbs. I will single out just one additional program:

Essiac. This treatment, developed by Canadian nurse Rene Caisse, missed being legalized by Canada's Parliament by only three votes in 1938, yet is still "unapproved" for marketing there or in the U.S. It is available in Canada only for "emergency release on compassionate grounds."

"The body is a delicate machine and does not require gross agents for its treatment.

"It is a form of mental materialism to consider that mass doses or violent mechanical remedies are necessary for treatment."

Dr. W. Guyon Richards²⁹

Urine Therapy. We come now to potentially the simplest treatment of all. In the 1960's, Nobel Prize winner Albert Szent-Gyorgi, discoverer of vitamin C, isolated a substance in urine which destroys cancer cells. Since then, many substances with anti-cancer effects have been discovered in urine.

It turns out that for thousands of years, in very old traditions of medicine, cancer patients have been treated with urine. Urine is a blood product, not a waste product, and it is full of vital elements for health.

"Autouropathy [urine therapy] did flourish in many parts of the world and it continues to flourish today...there is, unknown to most of us, a wide usage of uropathy and a great volume of knowledge available showing the multitudinous advantages of this modality..."³⁰

In 1970's clinical studies using an extract of urine on cancer patients, most patients in the study showed remarkable improvement after only one week of treatment, and continued treatment produced a reduction in tumor size and normalization of biochemical tests, without toxic or dangerous side effects.³¹

Urine also destroys body-damaging chemicals called “free radicals” which are considered to be a cause of cancer and other breakdowns in immune function.

“More scientific papers have probably been published on urine than on any other organic compound.”³²

*“It has become clear through scientific research that there are many substances to be found in urine which have **proven anti-cancer properties**. Apart from that, urine therapy seems to enhance the strength of the immune system and since cancer is related to a weakening of the body's natural immunity, this immunity-enhancing factor could be considered to be quite important. Part of the explanation of urine therapy as such an excellent natural cancer treatment seems to be found in its immense nutritional benefits.³³ This statement from The Golden Fountain, The Complete Guide To Urine Therapy, by Coen van der Kroon, is followed by testimonials from Australia, Israel, Belgium, India, and the U.S.*

“During this century, researchers sat in their laboratories and watched as simple urea [the main substance in urine] or whole urine completely destroyed rabies and polio viruses, tuberculosis, typhoid, gonorrhea, dysentery bacteria and cancer cells. They found that urine contains a huge array of incredibly valuable and medically important elements and they injected and orally administered urine and urea to thousands of patients in clinical tests.

“They watched as it saved the lives of cancer patients.... But the general public was never told about such discoveries.”³⁴

Dr. Stanislaw Burzynski. Dr. Burzynski isolated a peptide component in urine which has particularly powerful anti-cancer effects. His “antineoplaston therapy” has performed well in clinical studies in Japan, Great Britain, Italy, China, the former Soviet Union, and the U.S. Burzynski says,

“They have very potent anticancer activity without causing any harm to the normal human tissues. In the last year we were able to treat successfully 14 different types of human cancers including bladder, colon, tongue, breast, lung, ovarian and uterine cancer – all of them with metastases to distant organs, even to the brain.”³⁵

For his pains, Dr. Burzynski has been blacklisted, labeled a quack by the FDA and ACS, restricted to practicing in Texas, and forbidden to ship his peptides out of that state. THE FDA SUED HIM, the Texas Board of Medical Examiners tried to revoke his medical license, and the U.S. Justice Department tried to sue him for mail fraud! Some insurance companies refuse to cover his treatment.

“The physical home of the human spirit does not need to be treated as if it were an engineering proposition. This rage for the use of great physical force is all wrong. We should realise in time that the body needs the most tender treatment.... We are dealing with radiating life, not a piece of dead mechanism.”³⁶

Energy Medicine.

“...new concepts of life and energy bring back into medicine a humility before the miracle we call life. The ART of medicine becomes a practice composed of the life energies of the physician, the patient, and the Earth.”³⁷

“No remedy is given unless it increases the life-forces of the patient.”³⁸

This brings us to “energy medicine,” also sometimes called “vibrational medicine.” It is a new health care specialty in North America, but an ancient practice around the world – it is estimated that nearly 100 cultures around the world use forms of energy work. It is used for both primary and adjunctive (additional, complementary) treatment. There are many techniques that fall into this category, including energy work (energy flowing through laying-on-of-hands, which includes techniques such as Reiki and Therapeutic Touch), acupuncture (energy flow stimulated by tiny, hollow “needles” and the burning of herbs), electro-medicine (also called “bioelectrics,” or application of electrical or electromagnetic energies from a device), shamanic healing, and homeopathy (ingestion of “remedies” so diluted that what remains is virtually an imprint of energy patterns rather than a substance). Because this work is not well understood in our culture, I’m going to go into it in some detail.

There are two ways in which energy work brings healing. People are composed of a variety of interlocking systems which contribute to their physical, mental and emotional health (such as the digestive system and the nervous system). One of the primary ones is the energy system, which metabolizes and distributes energy throughout the physical body. It also perceives (in the form of intuition and “sixth sense”), acts as a template for the physical body, and has other functions. A centuries-old holistic system of medicine from India, Ayurveda, says that weakened life force – low energy – lies behind most diseases, including cancer. Many other traditions of medicine say that the causes of illness include energy imbalance: an excess or deficiency of the body’s elemental energies. These are called qi or chi, ki, prana, or other names in various cultures. One way energy work heals is by balancing the energy system, adding energy to it, draining excess energy from it, and repairing damaged parts of it.

The second way that energy work heals is through “resonance.” The atoms which form the physical body are made of moving particles with different electrical charges. All the substance of the body is made of these moving particles. So although it appears solid, every cell is actually in motion — made of energy waves. Energy work can heal by impacting the rhythm, frequency, wavelength, and electric/magnetic charges of the vibrating energy waves that form the body. As a simple example of the effect of resonance, think about how music affects you. It can change your mood, ease pain, even be felt physically if it is loud enough. This is because the energy waves in your body change as they begin to resonate with the energy waves of the music.³⁹

Dr. Robert O. Becker, in his work with regeneration of body parts, discovered that the control system that started, regulated and stopped healing was *electrical*.

“A new scientific concept has emerged, one that...has begun to explain many of the mysteries.

“...the integration of physics and biology has given rise to a new scientific revolution.... The chemistry of life has been revealed to be based upon the underlying forces of electricity and magnetism. Our bodies and brains generate electromagnetic fields within us and around us.

“[This] has validated the ancient, preliterate concept of ‘life energy,’ not as some mystical, unknowable force but as measurable electromagnetic forces that act within the body.... [and] have been shown to be the basis of many of the underlying control systems that regulate the complex chemical mechanisms.

“These electromagnetic forces appear capable of being accessed through some of the techniques of shaman-healers as well as through modern, direct intervention with similar forces. These ideas have led to the development of the new medical paradigm, energy medicine, which is currently being slowly integrated into orthodox scientific medicine.”⁴⁰

The presence of an electromagnetic aspect to the body has been repeatedly demonstrated. For example, the electromagnetic field produced by the brain is easily detected, and has been measured and analyzed several feet away from the head.⁴¹

From Victory Over Cancer, by Cyril Scott, published in 1939: “Therapy by means of electronic reactions [electromagnetic radiation and its effects] came into prominence many years ago.... [Abrams] had found a means of diagnosing from a drop of blood practically every sort of disease, including cancer; he could even determine the site of the cancer by these means.⁴²

Energy Work / Laying-On-Of-Hands. Energy work is based on principles natural to us, but which our culture has alternately banned, forgotten, ignored, branded as magic or witchcraft, relegated to God and saints, and ridiculed as fraudulent. Every parent uses one of its principles, however — when the child gets hurt, the parent holds the hurt part or holds the child. This is because there are healing energies in our hands. All of us, when we are hurt or ill, instinctively use our hands to soothe the pain.

Besides healing the energy system of the body and regulating self-healing and regeneration mechanisms (as described above), hands-on energy work has been shown to beneficially affect electromagnetic disturbances in the body, oxygen absorption, the immune system, white blood cell counts, beneficial enzymes, the effects of stress, detoxification of the body, and positive mental attitude. All of these have been proven vital to health. Energy work has also demonstrated an ability to destroy viruses, which are considered to be the cause of some – or possibly all – cancers. It can even destroy cancer cells themselves. Some of these effects have been documented in research studies, others are known to practitioners through the recovery rates in their patients.

In addition, research has shown the following:

- ◆ Cancer cells generate electromagnetic fields which inhibit the body’s immune system response.⁴³
- ◆ Environmental electromagnetic waves cause or contribute to cancer (more on this later).
- ◆ Cancer can be caused by disturbances in the bioelectric circulatory system in the body.⁴⁴
- ◆ “Geo-stress” – electromagnetic emissions from the Earth – can contribute to cancer.⁴⁵

All of these can be moderated or cured by energy work.

Ranking a bit higher on the hard-to-believe scale – for us westerners – are two types of energy relationships to cancer:

- ◆ “A torn chakra [body organ for handling energy] has appeared in every cancer patient I have seen.”⁴⁶
- ◆ “Cancer can be caused by energy connections to family members or loved ones who have, or have had, cancer.”⁴⁷

Energy work can effectively treat these causes also.

As an energy worker myself, I can personally attest to the effectiveness of energy work for cancer. Of four clients who have come to me with tumors, three had their tumors shrink or disappear completely. Of these, two had received no previous treatment, and for the third, conventional treatment had not helped. One of the tumors which shrank also became encapsulated, enabling it to be removed safely and simply by surgery. Chemotherapy was deemed unnecessary for this client. For three clients undergoing chemotherapy, one of whom was also undergoing radiation, two achieved complete relief from pain, nausea, depression, and fatigue, and were able to resume their normal, active lives. Two clients came to me after conventional therapy, in order to prevent recurrence. To date, 2 years and 5 years later, they remain cancer-free.

Though still being laughed at in some medical circles, enough proof – both anecdotal and through clinical research trials – has accumulated that simple energy work techniques such as Reiki and Therapeutic Touch are insinuating themselves into our conventional medical system, primarily via the nursing and hospice professions. Reiki providers are in operating rooms, and Therapeutic Touch has become a routine part of nursing care in some hospitals and is being taught, among other places, through nursing associations. Many new journals and research associations have sprung up to explore this fascinating field.

Recently instruments have been built to read the electromagnetic waves from practitioners’ hands. They have reported energy work producing measurable electromagnetic fields, infra-red radiation, infrasound, ion streams of visible light, and superfaint luminescence.⁴⁸

“The healer’s gift is an ability to use his or her own electrical control systems to produce external electromagnetic energy fields that interact with those of the patient. The interaction could be one that ‘restores’ balance in the internal forces or that reinforces the electrical systems so that the body returns toward a normal condition.”⁴⁹

“The conclusion that may be reached from the Chinese studies is that the healer phenomenon has a basis in physical reality, and that some form of electromagnetic energy is unquestionably involved.”⁵⁰

Related to this is another new health care specialty, the “medical intuitive,” who uses paranormal perception to diagnose, sometimes without even being in the same room as the client. It is theorized that some medical intuitives use electromagnetic waves to see into the body, much as an MRI or ultra-sound device does. Medical intuitives usually describe cancer as black spots or patches visible in or near the body. In some test cases, their findings have been compared with the findings of MRI’s and other diagnostic equipment, and were found to be accurate.

Qigong (pronounced chee-gung, and spelled various ways, including Chi Kung). Qigong is a 3000-year-old technique from China, involving augmenting the flow of life force energy through the body. Energy can be

directed to the patient by the practitioner, as in hands-on energy work, or qigong can be done as a self-treatment through techniques of movement, sound, breath, and visualization or intent. Practitioners report cancer cures.⁵¹

Acupuncture. Acupuncture uses tiny, hollow tubes (not really needles) to stimulate or alter energy flow through the body. When used in combination with Chinese herbal medicine, cancer cures have been reported.

Homeopathy. This is a way of eating energy patterns. It seems magical, but has proved itself so well, and is so respected, that homeopathic hospitals are well-established in Europe. England's royal family is treated by homeopathic physicians.

“Homeopathic literature abounds with accounts of notable cures of cancer.”⁵²

In homeopathic treatment, a substance is diluted and shaken to such a great degree that there is no evidence of solid matter left in it, according to standard measurements. However, energetically, it is extremely active – in fact, the greater the dilution, the greater action is shown. The end results are called “remedies” and are effective not only with major diseases, but with problems such as the common cold, flu, and odd, vague problems which conventional medicine finds hard to treat.

Dr. William Gray, Hahnemann Medical Clinic in Berkeley, 1995, said that *homeopathy's “cure rate of early stage cancer runs around 80%. If it's later stage...40% or 50%.”* He claims homeopathy can improve the patient's condition, prolong life, and relieve suffering “without clouding the patient's mind with dope.” However, in California, non-toxic treatment of cancer is illegal. The only legal treatments are surgery, radiation, and chemotherapy, “All of which are poisonous or violently destructive to the body.”⁵³ (*This information was from a source published in 1993; I have been unable to determine if it is still true, and if it is true in other states. In Washington State, other treatments are legal.*)

Homeopathic treatment is rather different from conventional treatment. Here is a taste of one doctor's methods:

“Success in dealing with cancer depends on recognizing that there is a virus, an altered balance in [endocrine] gland secretion and that there are always other infections, and all three conditions must be dealt with...”

“Looking at the growth from a morphological point of view it is obvious that we need to soften it. From the electronic point of view we need to rectify balances and from the bio-physical view we need to loosen up the densely packed tissue to allow toxins to be liberated....”

“We have therefore in cancer a local response to a general condition, almost certainly at first an attempt at cure.”⁵⁴

As with other forms of holistic healing, a homeopathic physician would continue to treat the patient after the growth itself is gone – to discover the underlying reasons why the body developed the cancer, so as to attain actual health, which will prevent recurrence.

Devices. “Bioelectric” equipment such as the MRI, ultra-sound, heart and brain monitoring systems, and radiation treatment are current conventional methods which use energy work applied by machinery. There have

been several devices successfully used for cancer treatment which are based on healing rather than on destruction of cells (conventional radiation treatment is based on destruction).

Julius Fredrich Cohenheim experimented in 1877 with “embryonic cells” left over in the adult body. He believed there was an electrical control system for embryonic cells which was different from the control system for adult cells. Dr. S. Meryl Rose followed up on this theory in 1948, with experiments with frogs and salamanders. *He discovered he could cure cancer: “Cancer cells were not locked irretrievably into the malignant state; in the presence of embryonic control systems, they could return to normal.”*⁵⁵ *Although other scientists repeated his experiments with the same good results, the medical establishment has paid no attention.*

The Rife Frequency Instrument. One of the worst cases of persecution of a successful therapy involved a bioelectric device. In 1934, the Rife Frequency Instrument successfully treated 14 of 16 terminal cancer cases at the University of Southern California clinic. “After three months, 14 of these so-called hopeless cases were signed off as clinically cured by the staff of five medical doctors and a pathologist.”⁵⁶ The machinery developed by Roy Rife emitted electromagnetic radiation. Treatment was painless and non-invasive. In 1935-38, independent physicians used the Instrument to successfully treat as many as forty people per day, reversing cancer, tuberculosis and other diseases, and painlessly removing cataracts.

The AMA and the California State Board of Public Health stopped the Rife treatment by harassing physicians and threatening them with loss of license and jail terms, and by forcing Rife into court. All scientific papers about Rife’s work were censored by the AMA; no medical journal was permitted to report on Rife’s medical discoveries and cures. Rife’s partner, John Crane, spent three years in jail after a trial in which the foreman of the jury was an AMA doctor. The New Jersey lab which was verifying Rife’s discoveries burned to the ground “mysteriously.” The author of an article in “The Smithsonian” was shot at, and never wrote about the therapy again.⁵⁷

The FDA still bans Rife-like treatments for human medical use. Despite this, a plethora of practitioners now say they are using the Rife Instrument. Be careful – critics say that none are the real thing, and some may be hazardous. If you really want Rife, seek it outside the U.S., where his treatment is available in some countries under government oversight and approval.

Cell Specific Therapy. This is available in Tijuana, England, and the Dominican Republic:

*“A device scans the body for tumors and cancer cells, then makes another sweep, targeting clusters of malignant cells and zapping them with painless pulses of electromagnetic energy. VOILA! The cancer cells are gone, while the healthy cells remain undamaged.... Developers John Armstrong and Michael Reynolds say, ‘The...device has successfully reduced cancer in more than half of the 200 patients who’ve been through the center’ in its first two years.”*⁵⁸

This device is now called Zoetron.

Multi-wave Oscillator. Dr. C. Norman Shealy, a pioneer in the use of electromagnetic energy for healing, compares Cell Specific treatment to the work of Russian Georges Lakovsky, who developed a multi-wave oscillator in the 1920’s. “Over 300 patients, many with cancer, were treated with the device in a New York City hospital, and 70% of them improved.”⁵⁹ This treatment has since disappeared.

EDS, Bio-energy Devices, and VEGA. In Germany, a number of computerized devices have been invented. Some read the electromagnetic waves within the body, and those of drugs and natural remedies. Some read the electrical impulses traveling through the skin, sometimes on energy meridian pathways. These devices are usually called EDS, for “electro-dermal screening,” or “bio-energy” devices. They are used for diagnosis, prescription, and treatment of many problems and diseases, including cancer. Naturopathic (and some chiropractic) physicians in the U.S. are beginning to use them, although in some states some types are illegal or restricted in their usage. There are clinics in Germany which treat cancer with the VEGA. (See Resources)

Jacobson Resonator. This device uses magnetic fields with frequencies comparable to brain waves. Clinical studies have shown it to be effective in the treatment of chronic pain, neurological disorders, cardiac arrhythmias, wound healing, and promoting immune function. Though not specifically designed for cancer treatment, it would certainly be useful as an adjunctive therapy. This device was developed by research scientists and the prototype was built by NASA subcontractors. In spring of 2000, it was put forward for FDA approval.⁶⁰

“We are, I think, only just at the beginning of radio treatment, and as soon as physicists and physicians can get over a childish prejudice against new ideas we shall go ahead with rapidity.”⁶¹
Dr. W. Guyon Richards, 1954

As mentioned earlier, one reason electromagnetic treatment, whether by hand or by machine, is so effective with cancer is because it can reverse the effect of harmful electromagnetic waves on our bodies. More on this subject later, but here is some food for thought:

“...ALL abnormal, man-made electromagnetic fields, regardless of their frequencies, produce the same biological effects...: effects on growing cells, such as increases in the rate of cancer-cell division; increases in the incidence of certain cancers; stress responses in exposed animals that, if prolonged, lead to declines in immune system efficiency....

“...Many cancers are the result of acquired genetic abnormalities...which program cells to become cancerous. Because abnormal electromagnetic fields can produce genetic abnormalities during cell division, it is quite possible that chronic exposure to such fields is a competent cause for the origin of cancers.

“This is compatible with the latest data indicating significant increases in the incidence of specific types of cancers since 1975...

“More than a thousand scientific papers on this topic are published each year.”⁶²

The application of corrective or healthy electromagnetic waves through energy medicine can reverse the effects and stimulate healing.

Distance Healing. This may seem rather far along on the “woo-woo” scale, but think for a minute of how electromagnetic waves can pass through the air and be picked up elsewhere, as our radio and televisions do, as satellite systems do. In a similar way, organisms can send energy waves back and forth between them.

“Long distance cell-to-cell or organism-to-organism communications may be accomplished by transmission and reception of electromagnetic signals through membrane receptors or enzymes,” says Tian Y. Tsong, M.D.⁶³

Yes, we can send healing energies to each other through the air, covering large distances, and have them be effective. We can do this through our hands, and it has also been done by machines – the earliest mention of this I have found so far is in Victory Over Cancer, published in 1939.

Miscellaneous Therapies. I want to mention the names of several other cancer cures, some dating from before 1900, and most of which have been successfully suppressed: Dr. Robert E. Lincoln’s treatment (author of New Cures for Old Ailments), Dr. John Beard’s pancreatic enzymes, lymph-stasis, nature-cure method, the potash cure, the Rees Evans herbal treatment, Dr. William F. Koch’s preparation, the Norman Baker cure, the bio-chemic treatment, the grape cure, and cures through osteopathy. Dr. Emanuel Revici’s biological treatment is still available from him in New York City, although he has been blacklisted and denied funding and clinical testing. Dr. Hans Nieper developed a metabolic therapy which is available now in Germany.

How many have vanished without a trace?

ADJUNCTIVE (COMPLEMENTARY) THERAPIES.

*“I walked the pine woods beyond the Aesculapion, the ruins of the pre-Christian hospital spread out over the hillside where the patients were required to tell the doctors their dream after they had slept their first night there...
...The old pine forest had been planted so the patients could walk among the trees and be calmed by the scent of pine.”*
Mary Lee Settle, Turkish Reflections

Many of the treatments I’ve mentioned are used most often as adjunct, or additional, therapies, sometimes referred to as “complementary.” There are several other adjunct therapies of importance in cancer treatment.

“Lucy Bell, of Hammersmith Hospital’s NHS Trust [National Health Services], spoke of the complementary therapies her hospital system has pioneered within cancer care in the United Kingdom, such as aromatherapy, massage, reflexology, relaxation, visualization, acupuncture, and art therapy. They are, she said, ‘an integral part of a multidisciplinary approach to specialist cancer and palliative care.’”⁶⁴

Hyperthermia. Simply adding the application of heat (applied to the tumor or the whole body) to conventional treatment can increase recovery rates from 30% to 50%. Also, dosages of radiation and chemotherapy can be greatly reduced without lessening their effectiveness. Tumors not responsive to radiation, such as melanomas and sarcomas, have been treated with some success when hyperthermia is administered along with the radiation. This treatment is not new – hyperthermia for tumors is mentioned in ancient Egyptian papyri and ancient Greek writings.⁶⁵

“Many advocates of hyperthermia feel that the medical establishment’s continued resistance to it can be explained partly by the huge monetary profits the supporters of chemotherapy and radiation might lose if use of hyperthermia became widespread.”⁶⁶

If this is not true, why haven’t we heard of it? Why isn’t it a standard part of treatment?

Have you heard about these adjunctive therapies?

Bio-cycle Planning.

“It has been shown that the time when cancer chemotherapeutic drugs are administered during a patient’s biocycle is a major determiner of their effect.”⁶⁷ This has been known since the 1960’s.

A 1999 study of 112 women found that *those who underwent surgery between days three and twelve of their menstrual cycles had a reduced chance of survival* (with day one as the first day of menstrual bleeding). Of those women, 45% were alive ten years later. The ten-year survival rate of the women who had surgery on other days was 75%.⁶⁸

Psycho-neuro-immunology. Orthodox medicine has accepted that a relationship exists between the conscious mind and the immune system. The scientific discipline studying this is called psycho-neuro-immunology. In this category I would include visualization, and control of one’s own treatment.

Visualization. The use of visualization in cancer treatment was developed by O. Carl Simonton and Stephanie Matthews Simonton in the first holistic cancer clinic in the U.S. They write about it in depth in their book, Getting Well Again. Since then, visualization has been popularized by Dr. Bernie Siegel and others.

Control of one’s own treatment.

“These studies clearly indicate that in any stressful circumstance, any measure of control lessens the extent of stress and results in a significant improvement in resistance factors and healthy outcome.

“This teaches us several extremely important lessons. First, stress enhances and accelerates cancer growth. Second, providing patients with the maximum possible level of control over their treatment markedly reduces the stress of serious illness and improves the clinical outcome.”⁶⁹

In other words, having no say in what happens to you concerning your treatment, or when it happens, or how, will increase your stress, which is likely to make you sicker, faster. Is your doctor aware of these studies?

Fu Zhen therapy, a Chinese herbal treatment, is reported to protect the immune system from damage and to increase survival rates, sometimes dramatically, when used in conjunction with conventional therapies.

Live cell therapy is widely known in Europe. Because it is unapproved and unlicensed in the U.S., you'll have to go to Tijuana to get it.

Hypnosis.

“Under hypnosis, humans may be given verbal commands to the conscious digital-system [electrical] portions of the brain, which can then effectively control the operations of the DC analog system. Since the primitive analog system controls growth and healing, it is possible that under certain circumstances, conscious thought can cause healing.”⁷⁰

In many ways, hypnosis can enhance the immune system's actions for self-healing. It can also help conventional treatment to be less toxic (and therefore also less frightening) and more effective. Three thousand years ago, Turkish doctors were using hypnosis to treat physical and mental illness. Why haven't the modern medical sciences embraced the psychological sciences and joined together for cancer treatment?

CAUSES OF CANCER

In addition to the causes mentioned above in conjunction with alternative treatment methods, other causes of cancer have been identified. Many of these causes are man-made.

Food and Food Additives. Carcinogenic additives and contamination of food can include colorings, preservatives, hormones passed on from animal treatments and feed, fungicide and pesticide chemical residues from crop and landscaping treatments, contamination from plastics used in packaging (see Plastics), and toxic industrial wastes leeching into soil and water and ending up in crops. (Go organic.)

“The Environmental Protection Agency found that meats and cheeses are a major source of dioxin exposure in the U.S. today.... A known carcinogen is used to decaffeinate coffee. Hot dogs, potato chips, breakfast cereals and soda pop contain the greatest concentration of toxic food additives.”⁷¹

Aspartame, also called Nutra Sweet, is in Diet Coke and Diet Pepsi, among other foods. This drug has been linked to brain lesions, brain tumors, headaches, mood alteration, polyps, blindness, insomnia, depression, petit mal seizures, and loss of short and long-term memory. The FDA says aspartame won't hurt you, but *all their references are based on studies conducted by Monsanto – the developer of aspartame – or a Monsanto affiliate.*

Many non-organic foods have carcinogens in them from pesticides or fungicides. The ten worst are: baby food, strawberries, rice, oats, milk, bell peppers, bananas, green beans, peaches, and apples.⁷² Soups and juices made from these foods must be included in this list. Non-organic eggs are also a major hazard due to pesticides in the food fed to chickens – the pesticides end up in the eggs. All non-organic, non-wild meats can be hazardous to your health because of pesticide and hormone contamination.

Sometimes the problem is even more insidious: breast, colon and prostate cancers have been linked to rBGH, a synthetic, genetically-engineered hormone given to dairy cows, which is passed along to the milk-drinkers. rBGH is banned in Canada, England, France, Germany, Australia, Israel, New Zealand, Spain, and elsewhere. Why is it legal in the U.S.? The federal rBGH approval process was compromised by the involvement of people who, either

previously or subsequently or both, worked for Monsanto, the manufacturer of rBGH. RBGH labeling guidelines (which virtually prohibit dairy producers from specifying which products contain the hormone) *were written by then Deputy Commissioner of the FDA, lawyer Michael R. Taylor, who had previously worked for Monsanto researching state labeling laws about rGBH products.* The situation is not improving – several new Bush appointees have recently been employed by Monsanto.

Eating Patterns.

“Long-term eating patterns were linked to the onset of 60% of cancers in women and 30%-40% of cancers in men, according to hundreds of medical studies reviewed by the National Academy of Sciences panel.”⁷³

Women who eat meat daily are four times more likely to get breast cancer than women who eat it less than once a week.⁷⁴ Eggs, butter and cheese will also increase a woman’s risk of breast cancer, and also of cervical, ovarian and colon cancer. For men, the risk of fatal prostate cancer is 3.6 times higher among those who eat meat, cheese, eggs and milk daily than those who eat it seldom or never. This was confirmed by a twenty-year study at California’s Loma Linda University, involving over 6,500 men.⁷⁵

Studies have repeatedly shown that vegetarians have a much lower incidence of cancer, heart disease, atherosclerosis, diabetes, obesity, and they also live longer. The standard American diet features chemically grown and treated, processed, bleached, refined, sugared, salted, artificially colored and flavored, and preserved food. It also contains a dangerous excess of animal proteins, which contributes to cancer and many chronic diseases.⁷⁶

Immune System Failure. Gaston Naessons, French biologist, invented a new microscope in order to study the effects of pollution, radiation, stress, shock, and other traumas on the immune system. *He found a definite correlation with cancer, rheumatoid arthritis, multiple sclerosis, and lupus.*⁷⁷

“The modern health epidemics of cancer . . . aren’t being cured by modern medicine. And one of the biggest reasons for this failure is that these modern epidemics are immune deficiency diseases which cannot be treated by immune-suppressing therapies such as drugs and surgery.”⁷⁸

“Cancer cells are believed to form every day in the healthy person, but a strong immune system can easily detect and destroy them before they have an opportunity to divide and proliferate. Unfortunately, for various reasons – poor nutrition, the massive pollution in our environment, stress, aging – the immune system sometimes fails to recognize the cancer cells as an enemy, and the cancer begins its slow, insidious growth over a number of years. . . ”⁷⁹

Environmental Pollution.

Chemical Wastes. Carcinogenic chemical wastes get into our soil and water. Other pollutants taint the air. Many pesticides, including those used in “bombing” homes for bugs, are carcinogenic. **Some herbicides (the family of triazine herbicides) are known to cause breast, ovarian, and uterine cancer.**

“Because less than 0.1 percent of pesticides sprayed into the environment actually reach the target crop, environmental contamination of air, water, and food is nearly universal. Thirty-five percent of the food consumed in the U.S. has detectable pesticide residues..... Chemicals known to be hormone disruptors are sold as insect dust for vegetable gardens.... Vinclozolin is widely used to kill fungus on fruit, and has frequently been detected in the foods children commonly eat....*

Studies have found higher rates of cancer in children and dogs living in households that use pesticides in the home and garden. That pesticides are ‘EPA approved’ is no guarantee of safety. The EPA has never screened most pesticides now on the market for hormone disruption.”⁸⁰

* Hormone disrupters act like hormones, which leads to cancers of the Reproductive System, and they also disrupt the endocrine and immune systems.

“We are the generation who was born and came of adult age during the most toxic and environmentally unregulated decades ever known, whose baby food was contaminated with PCBs, DDT, and DES. Our neighborhoods were sprayed with pesticides and filled with toxic waste. Most of these chemicals did not even exist before World War II. . . . We didn’t know that the ‘in’ generation was destined to become the cancer generation. We didn’t know that so many of our mothers would bury us.”⁸¹

Chlorinated Water. When chlorine is used to disinfect drinking water, sewage and swimming pools, it combines with the organic matter in the water and produces hundreds of by-products, including the carcinogenic organo-chlorines called trihalomethanes. At high temperatures, such as in showers, hot tubs, dishwashers, washing machines, and swimming pools, these evaporate out of the water and we inhale them.

The non-profit agency Greenpeace has a toxics campaign which calls for a global phase-out of the production of organo-chlorines. There are safe ways to treat water, such as using ultra-violet light or ozone. Los Angeles used to have one of the highest rates of throat cancer in the nation. After a five-year study, city leaders chose ozone for the water purification system. Israel has a national ban on organo-chlorines. Breast cancer rates there have dramatically decreased since the ban was instituted. Israel is now the only western country which does not have a rapidly rising rate of breast cancer.⁸² (Get a shower filter, buy your drinking water, and use ozone in the hot tub.)

Many people are also concerned about the dangers of fluoride being routinely added to drinking water.

Plastics. There are definitely links between the pervasive use of plastics in our society and some kinds of cancer, notably cancers of the reproductive organs. Many plastics have estrogenic properties, meaning they mimic estrogen in the body. This is unhealthy for both women and men. (There has been a steady decline in the amount of sperm produced by men in industrial countries.) The findings surprised a lot of people, for the unhealthy plastics included such things as Bakelite bakeware, which was certified as safe for food many years ago.

Problems have been found with plastics used in an enormous variety of products. Fourteen European countries have banned alkylphenol polyethoxylates, which are still widely used in the U.S. The European Union has called for an emergency ban on phthalates, which leach from vinyl toys and teething rings into children’s mouths. Here is a partial list of items in which cancer-causing plastics have been found: liquid clothes detergents, household cleaning products, plasticizers and UV stabilizers, shampoo, the linings of metal food cans and bottle tops and water supply

lines, cling food wrap, styrene containers and utensils, dental composites (plastic fillings), U.S.-made tampons (most European brands are fine), cosmetics, skin creams, hair spray, nail polish, perfume, vinyl flooring, feeding bottle nipples, the blue plastic jugs used to transport water, PVC food containers, cell phones, shoes, notebook covers, tool handles, garden hoses, rainwear, plastic car interiors, credit cards, flea collars, and in the adhesives which hold together some kinds of paper and cardboard food containers. Some plastics contaminate ground water when the items are thrown away.

“Studies in 2000 reveal phthalates present in the blood of adult Americans ‘at levels we are concerned about’ and ‘higher than we anticipated,’ according to the Centers for Disease Control.”⁸³

“In Europe, dozens of communities, hospitals, and manufacturers of furniture, cars, flooring, and appliances have virtually eliminated PVC from their products and construction projects.”⁸⁴

Over 100,000 synthetic chemicals are in use today, with 1,000 more being introduced each year. Only about 1,000 have been studied in any detail, and only 10-20 are studied each year. No one has systematically screened for hormone effects. It is unlikely that all plastics are hazardous, but because of manufacturers’ claims of trade secrets, there is no way to know the chemical composition of any given plastic; even the Freedom of Information Act contains an exemption for trade secrets or “confidential business information.”

It is beyond the scope of this paper to go into more detail about cancer-causing plastics. See the Resources section for articles, books, and websites with further information.

Electromagnetic Radiation. There are many other preventable environmental causes of cancer. Probably the greatest of these is electromagnetic radiation.

“At this time, the scientific evidence is absolutely conclusive: 60Hz magnetic fields cause human cancer cells to permanently increase their rate of growth by as much as 1600% and to develop more malignant characteristics....

“The laboratory data clearly indicate a direct relationship between both ELF* and microwave fields and cancer....

“All intervening frequencies [VLF, AM and FM radio, and television] will have the same biological effects....”⁸⁵

**Extremely Low Frequency*

Two studies have shown that **up to 20% of childhood cancers can be connected to exposure to magnetic fields generated by the electrical power lines strung on every street.**⁸⁶ *The levels that the government says are “safe” are in fact not safe at all.*

In the early 1970’s, a study was done at the request of the Environmental Protection Agency (EPA) on cancer in a Portland, Oregon neighborhood that contained an unusual number of broadcast towers. “A small but significant relationship was found between field intensity in the FM band and the incidence of nonlymphatic leukemia. **THE EPA TOOK NO ACTION.**⁸⁷

In 1986, doctors from the Hawaii Department of Health found that, in Honolulu, “In eight out of nine census tracts containing broadcast towers, the incidence of cancers of all types was significantly higher than

in adjacent census tracts that did not have broadcast towers. *NO ACTION HAS BEEN TAKEN BY THE STATE OF HAWAII.*⁸⁸

Despite these public reports and others, and many clinical studies, many of the top-level scientists at NCI have testified in legal proceedings that power-frequency electromagnetic fields have no biological effects and that exposure to them is absolutely harmless.

Though some places on earth are undoubtedly worse than others, there is now nowhere left where there is no unhealthy, man-made electromagnetic bombardment. (There are devices available to clear the energy field around people, inside living/working spaces, and from computers, cars, cell phones and other major causes – see Resources.

It is not likely that the use of harmful electromagnetic frequencies will stop, no matter how dangerous they are found to be, because they are used in the national defense system.

“Present strategic doctrine rests on the unlimited, and expanding, use of electromagnetic energy. Without this capability, sophisticated weapons systems are useless. As a result, any attempts to acquaint the general public with the potential hazards of electromagnetic fields are viewed by such forces as inimical to state security and so are ruthlessly suppressed.

Dr. Robert O. Becker⁸⁹

Dr. Becker tells this story about his involvement on a research committee related to electromagnetic weapons systems testing. In the mid-1960’s, the U.S. navy built a “Very Large Antenna” system, code name SANGUINE, in rural Wisconsin. Despite its location, it could communicate with submerged nuclear submarines as far away as the Indian Ocean. Then the navy decided to build an enormous antenna under the entire northern halves of Wisconsin and Michigan. There was considerable public opposition, and the navy was required to conduct scientific studies to evaluate the possible biological hazards. Dr. Becker and his committee found that even a *one-day exposure* to the magnetic-field of the SANGUINE signal produced a significant increase in the serum-triglyceride levels in nine out of ten subjects. Because serum tri-glyceride levels above normal are a definite cause for concern, the navy began seriously examining all personnel operating the SANGUINE antenna. All of the workers showed similar elevation of serum tri-glycerides.

*“The final report of the [research] committee...recommended that the White House Committee be informed of the positive findings and their possible significance to the large population which would be at risk in the U.S. from power line and other sources, including the already-built SANGUINE system.” Since the last research committee meeting, when every member signed the report, “The navy denied that it had ever taken place and insisted that it had no knowledge of any scientific studies indicating possible harm to human beings from the operations of the SANGUINE system.”*⁹⁰

Failure of Other Body Systems. When the body holds more toxic substances than it can get rid of, due either to ingestion of toxic substances or to the failure of the body’s systems for eliminating toxins, we get sick. The parts over-stressed include not lonely the immune system, but the lymphatic system, the liver, the intestines, the skin, and many others. The weakest link breaks first; that’s often where the cancer starts.

Emotional Causes.

“Strains in mental life cause changes in body chemistry.”

–Dr. W. Guyon Richards⁹¹

Emotional causes that can lead to cancer can include trauma, a desire to die due to loss of meaning or purpose in life, loss of spouse or other cause of severe depression, ongoing anger, rage, resentment, or fear, and overwhelming stress. These directly affect our biochemistry, and thus our susceptibility to disease.

“Worry is the worst toxin there is.”⁹²

“We are full of fears: fear of not being correct, fear of being different, fear of being poor, fear of being thought a bit cracked. To be a materialist is a bit démodé [out of fashion] but to be a spiritualist is far worse – most dangerous.... This cramping of life affects health. The people who have most fears grow [intestinal organisms] and get cancer.... There is nothing that lowers vitality like fear...”

“I have measured up these fears and their results. The realities of fear are beyond speech. They poison life. I have lived through them and I know.”⁹³

Other causes.

Bras / Constriction of Body. In Dressed To Kill: The Link Between Breast Cancer and Bras, Sydney Ross Singer and Soma Grismaijer remind us that the body’s lymphatic system flushes accumulated wastes and poisons from the body. Because lymph vessels are thin, they are easily compressed. Chronic minimal pressure on breasts can cause lymph vessels to close, causing toxins to accumulate in breast tissues, creating an environment ripe for a host of health problems. The authors interviewed 4,700 women and discovered that *women who wear a bra more than 12 hours a day are 19 times more likely to develop breast cancer* than women who wear bras less than 12 hours a day. Women who sleep in bras – wearing them virtually 24 hours a day – have a 133-fold increase in breast cancer over women who wear bras less than 12 hours a day.⁹⁴

Miscellaneous Causes. Scientists have found evidence of cancers caused by viruses. Again, a healthy immune system will rid the body of the virus. Victory Over Cancer author Cyril Scott cites other causes: cancer is a blood disease (he cites research proof), cancer is due to geopathic stresses – radiation from the earth – which weaken the body, and it is caused by chronic constipation, which poisons the body.

DYING FOR DOLLARS – THE POLITICS OF CANCER TREATMENT AND RESEARCH

The deeper you investigate the players involved in conventional cancer treatment, research, and law, the worse the picture gets.

“Cancer is... [a] disease whose incidence is on the rise. The extent of the increases is consistently trivialized by a variety of statistical manipulations The public is denied access to accurate information about the causes of cancers, which lies buried in government and industry files and in relatively inaccessible scientific literature. The cheerleaders in the media, the American Cancer Society, the National Cancer Institute, and the various carcinogenic industries are all doing an extraordinary job of keeping the lid on information about this epidemic.”⁹⁵

Medical orthodoxy claims that some alternative therapies don't meet acceptable scientific standards with controlled double-blind studies. However, **between 80% and 90% of current orthodox medical procedures have NEVER met such criteria**, according to a 1978 (!!) report by the Office of Technology Assessment.⁹⁶

“For some conventional treatments in the U.S., the success rate is abysmal.”⁹⁷

Information about alternative therapies is sometimes skewed by being required to meet stricter standards than conventional therapies. For example, it is illegal for an herbal supplement to state what it is used for on its label, ostensibly because clinical research has not proved it effective. Yet, “...fewer than one-third of ...over-the-counter drug ingredients have been shown to be safe and effective for their intended uses,” according to Dr. William Gilberston of the FDA.⁹⁸ The media warns us about possible hazards of using herbs. They don't compare the dangers of herbs with those of conventional drugs; a 1994 study published in the Journal of the American Medical Association estimated that **more than 106,000 deaths resulted from adverse drug reactions** to conventional medications among hospitalized patients that year. In 1998, The New England Journal of Medicine, mentioning this study, noted that complementary and alternative therapies are much safer, yet are held to stricter rules. The Journal editors called for one single standard of accountability for all of medicine.⁹⁹

Let's look at some of the players in the game:

The Food & Drug Administration (FDA). *“The U.S. Food & Drug Administration does not generally research or test medical treatments itself—it depends on private companies to do that. And because of this fact, the FDA does not have first-hand knowledge of which treatments are effective and safe and which aren't; THEY RELY ON THE COMPANY THAT HAS DEVELOPED THE TREATMENT TO TELL THEM WHICH TREATMENTS SHOULD BE MARKETED TO CONSUMERS.”¹⁰⁰* This cannot possibly result in unbiased recommendations.

**“In the FDA, the drug companies have representatives on nearly all the committees.”
Dr. Michael Carpendale, researcher and Professor of Orthopedic
Surgery at the University of California School of Medicine.¹⁰¹**

A complication to action on the part of our government is the WTO. This secretive and uncontrolled, self-selected body has the power to force governments to alter their policies, including product safety and environmental pollution standards. For instance, members must abide by the “Agreement on the Application of Sanitary and Phytosanitary Measures.” In the past, an industry had to prove that a product was safe (i.e., does not cause cancer) before it was allowed to put the product on the market. Even though products deemed safe turned out to be unsafe, at least the law had health in mind. Now, under the WTO Agreement, **a government has to prove that a product is unsafe before being allowed to ban it.** Also, countries can be forced to accept unhealthy products: the European Union was forced to remove its ban on hormone-treated U.S. beef, and Japan was forced to accept products with higher levels of pesticide residues than it seemed safe. So the work ahead of us is large – we not only need to reform FDA policies, we need to reform (or abolish) the WTO in order to be able to enforce new policies.

The National Center for Complementary & Alternative Medicine (NCCAM). About five years ago, the U.S. National Institutes of Health (NIH) formed an Office of Complementary and Alternative Medicine (NIH-OCAM). I watched it take years to form its bureaucracy, and then finally begin funding an excruciatingly slow and

small group of research studies. In 1999, OCAM was promoted out of the NIH and became a National Center (NCCAM). About a month ago, I discovered information that this federal program was actually created to *discredit* alternative therapies, not to discover the truth about them. I re-read the most recent NCCAM newsletters with that viewpoint in mind, and it made a lot of sense. In fact, it made sense out of several statements and articles which had baffled me, such as the NCCAM president's vigorous interest in gene therapies – these therapies are as far from natural and complementary medicine as it is possible to be – and the fact that nearly all of the research of alternative methods for cancer patients has been on *terminal* patients; they are already far beyond their ability to recover, no matter what means is used. How can alternative methods prove themselves in such cases?

Then there was this: “The Advisory Council renewed its commitment to implementing NIH’s policy on reducing health disparities and addressing the needs of special populations in clinical research. NIH adopted the policy in 1994 after a federal law was passed to stop the widespread exclusion of women and minorities in biomedical research.”¹⁰² It took a law to do that? And why do they need to renew their commitment – what happened to it? And why has the situation not been remedied after seven years?

It may be that the agency simply is bizarre at times and not very competent. However, in light of all the other evidence, I suspect it is doing its real job all too well.

The Pentagon. How objective is the Pentagon? One quote should suffice here (see the electromagnetic radiation section earlier for more):

“Control over the scientific establishment was maintained by allocating research funds in such a way as to ensure that only “approved” projects – that is, projects that would not challenge the thermal-effects standard [of usage of electromagnetic radiation] – would be undertaken Many scientists’ goals were subverted by unlimited grant funding from the military.”¹⁰³

The American Cancer Society (ACS). Facts about the ACS:

*“Furthermore, the ACS’s Unproven Methods list is a self-serving blacklist. This unscientific compendium is used to smear effective or promising alternative cancer therapies as “quackery.” How ironic that a Vice President of Memorial Sloan-Kettering Cancer Center admitted to [author] Ralph Moss that **the ACS blacklist was “where they got all their best ideas.”**¹⁰⁴*

Richard Walters, author of Options: The Alternative Cancer Therapy Book, states that the ACS collects around \$400 million a year from the American public, then spends less than 30% of this huge cash hoard on research. No major breakthrough in treating cancer has ever come from an ACS grant. In The Healing Of Cancer, Barry Lynes states that **“the ACS does not meet the standards of the National Information Bureau, the charity watchdog.”** Treating cancer is a megabillion-dollar industry. Lynes continues, **“The American Cancer Society is not interested in a cure. It would go out of business.”¹⁰⁵**

The National Cancer Institute (NCI).

*“Closely linked to the ACS through interlocking directorates is the National Cancer Institute, a government-funded agency.... NCI distributes these billions [of tax dollars] in research grants and, together with the ACS, sets the dominant trends in research. **Incredibly, 90% of the members of NCI’s peer review committee get NCI money for their own research, while 70% of the ACS’s research budget goes to individuals or institutions with which the ACS Board members are personally affiliated. ‘In any other part of government, it would be a corrupt practice for the persons giving out the money and the persons getting it to be the same people,’** says Irwin Bross, Ph.D., former Director of Biostatistics at the famed Roswell Park Memorial Institute, the nation’s oldest cancer-research hospital...testifying before a congressional subcommittee.”¹⁰⁶*

“Cancer treatment is a very lucrative business,” says Patrick McGrady of CANHELP. “Expensive conventional treatment is often prescribed despite the fact that the therapy has little, if any, efficacy....In Japan, for example, there is a center which reports excellent primary liver cancer recovery rates, but the treatment is not offered in this country.”¹⁰⁷

In a report published on January 7, 2000 in *The Lancet* (a British medical journal), Peter C. Gotzsche and Ole Olsen, of the Nordic Cochrane Centre in Copenhagen, Denmark, studied whether routine mammograms save lives. They examined eight studies of mammographic screening, looking at both the results and the way the studies were conducted, and concluded that, **“There is no reliable evidence that screening decreases breast cancer mortality.”¹⁰⁸** The study was begun after a 1999 Swedish study showed that there had been no decrease in breast cancer deaths there, despite routine screening since 1985.

On the same track, an ACS/NCI panel had determined that routine screenings are necessary for women under 50 years old only if they are at high risk. Other studies agree with these findings. **Yet the ACS and the NCI continue to recommend regular mammograms for women in their 40’s, even though that recommendation runs counter to the findings of their own panel.**

Why do they continue to promote exposing every woman over 40 – rather than only those who are at high risk – to the danger of unnecessary X-rays, annually? (Yes, they’re dangerous – that is why technicians shield the rest of your body in lead, and leave the room themselves.)

The Journal of the American Medical Association (JAMA). JAMA is often quoted as an authoritative source of information about research and therapies. However, this is not always the case. JAMA holds alternative treatments to higher research standards than it does conventional therapies. It also chooses what research it wishes to publicize. A recent example of JAMA’s bias, and that of the media in general – which, of course, is subject to pressures from the drug companies, the government, and others – was evident in the huge amount of publicity given to a 6th-grader’s science fair project three years ago. Headlines in many papers, and an article in JAMA, (and even, I believe, Time Magazine and some television reports) proclaimed that she had “disproved Therapeutic Touch,” an energy work technique growing in popularity and being used in an increasing number of hospitals. She had not disproved it. Her project violated many of the basic rules of research, and did not even include any treatment with Therapeutic Touch! (For the details, see the July, 1998 issue of “Alternative Therapies in Health and Medicine.”) Besides that, there have been 30 years of sound research proving that Therapeutic Touch *does* work. In no type of research does a single experiment ever disprove – or even prove – anything. Results must always be repeated by other studies before they are accepted as meaningful. Yet JAMA proclaimed Therapeutic Touch is a fraud, based on one poorly constructed experiment done by a child.

The Pharmaceutical Industry. The following quotes sum up the present situation.

“The fact is that no matter how much research or how many amazing or successful clinical trials have been performed by researchers on safe, inexpensive medical approaches like urine therapy, if these therapies are not perceived as profitable by pharmaceutical companies, they will simply not be ‘picked up’ by the drug companies and presented for governmental approval, which means that the public will probably never hear about the research or receive the benefits of these substances, no matter how wonderful they are.”¹⁰⁹

“As a powerful economic and political force in the U.S. and around the world, these giant multinationals play a major role in determining government policy and influencing medical schools (through research grants) and physicians themselves through advertising in medical journals, sponsorship of conferences and seminars, outright gifts, and free samples of medications.

“...As these inexpensive, nonpatentable, and multidisease therapies become better known, we can be certain that THE PHARMACEUTICAL INDUSTRY WILL STRENGTHEN ITS RESOLVE TO MAKE MEDICAL OZONE AND HYDROGEN PEROXIDE UNAVAILABLE TO THE GENERAL PUBLIC, AND CONTINUE TO LOBBY TO PREVENT RESEARCH AND CLINICAL APPLICATION.”¹¹⁰

Insurance Companies. Several years ago, the Washington State legislature passed a law that insurers must pay for patient treatment by ANY LICENSED HEALTH CARE PROFESSIONAL. Yet, many people have told me that they could not get their insurance companies to pay for treatment by naturopathic physicians, who are licensed doctors. The patients’ choice was either to fight the insurance company by appealing to the Office of the State Insurance Commissioner, (who would endeavor to force the insurance company to pay for the treatment), pay for treatment themselves if they could afford it, or give up and forget about holistic treatment with alternative therapies. I don’t know one person who chose to fight – all were sick at the time, without energy or resources to spare. At this same time, the insurance company lobbyists were very busy trying to get the new law overturned. They have not succeeded, but in reality it doesn’t seem to make much difference whether there is such a law or not.

Why do the insurance companies refuse coverage, when alternative treatments generally are just as effective (or even more so) and less expensive than conventional treatments? Possibly because they don’t have enough information about these treatments to determine how long treatment should last and what it should cost, so as to define the limits of their payments. Possibly they are constrained by being controlled by other interests, such as drug companies.

Websites. Just because something is on the internet, and has a legitimate-sounding name, does not mean it is unbiased or truthful. Sometimes the person or organization behind the site is far different than you would think. For example, the “Quackwatch” site describes itself as objective, and even quotes JAMA and other journals as “proving” that its opinions are correct. But Quackwatch is actually run by the “quackbusters” of the National Council Against Health Fraud (NCAHF), who have close ties to the most conservative factions within the AMA. “NCAHF is staunchly opposed to nutritional medicine [changing what you eat in order to improve your health], vitamin and herbal supplementation, and organic produce, not to mention *all* alternative AIDS and cancer therapies, reflexology, naturopathy [N.D.’s are holistic physicians in most states], homeopathy, and chiropractic,” writes Sharon Bloyd-Peshkin in “Vegetarian Times.”¹¹¹ How likely is it that you will get sound information from people who don’t even recognize that what you eat affects your health?

WHY DOCTORS CONFORM

At last we come to the question with which we began: Why don't our doctors either know about or espouse "alternative" kinds of cancer treatment? Surely they know about at least *some* of the promising techniques and research, and the political monkeyshines.

They Don't Know. Any doctor can call him or herself a specialist in any branch of medicine without going through a residency or taking any specialty training in that field. Some states do not require their physicians to attend annual continuing education classes in order to retain their licenses. This means that physicians may be unaware of new developments in cancer treatment. It may also mean that they are unaware that treatments formerly acceptable or considered effective, are now known to be ineffective or even harmful.

Most — but not all — medical specialties have voluntary "Board certification" programs. This means that doctors go through specialized training and can then say they are Board certified in that specialty. Some Boards have annual continuing education requirements in order to retain certification (called "re-certification"), and some do not.

"Doctors are not trained in wellness but in DISEASE.... And what we get is Rambo, M.D." ¹¹²

Career Pressures. *"The modern career scientist's business is one in which success is measured by the number of papers published. Maximizing this number leads to greater prestige, more grant funds, larger laboratories, and positions on decision-making committees. Unfortunately, it is much easier to get a paper published if it does not challenge the present orthodoxy."*¹¹³

Human Nature and Change.

*"...the path of science is characterized by periods of revolution during which the dogmatic system of beliefs derived from the past is replaced by a new paradigm – a new view of how things work. This change is brought about by the gradually increasing failure of the established paradigm to deliver on its promises.... As in all revolutions, the change in ideas is always bitterly opposed by the practitioners of the established paradigm."*¹¹⁴

They Don't Like You. This one is scary. Victor and Ruth Sidel, authors of A Healthy State, show that when a physician or health care worker comes in contact with a person whose cultural beliefs are different from his or her own, the result is not only what the patient feels as a cool, uncaring encounter, but also may be biases in diagnosis and treatment.¹¹⁵ Supporting these findings is a study done by researchers from the University of Minnesota Medical School and St. Paul-Ramsey Medical Center. When they asked residents and staff physicians about patient characteristics they disliked, the ones that provoked mostly negative responses included "marital, family problems," "disheveled, unkempt," "markedly overweight," "markedly underweight," "tearful," "adolescence," "low pain tolerance," and "non-English speaking." These characteristics did not elicit sympathy as they might in the general population; negativity is what they received.¹¹⁶

The Money Is Too Good. This idea has been stated in various contexts in other sections of this report. Here is one other view of the situation:

*“[pancreatic enzymes] were first proven as a cancer cure by John Beard, M.D., a few years before Madame Curie started the use of x-radiation as a therapy. **Once the hospitals invested millions of dollars in expensive equipment, Beard’s inexpensive cure had to be abandoned to make the hospitals profitable.**”¹¹⁷*

Lack of Liability.

“Although statistics put the percentage of incompetent and dangerous practitioners at anywhere between 5% and 15% of the physician population, disciplinary actions [by state medical boards] occur at a rate of...1.4%.”¹¹⁸

According to Inlander, Levin and Weiner, authors of Medicine On Trial, **“Medical societies wield no direct power to keep a physician from practicing. All they can do is throw a doctor out of the society.”¹¹⁹** And when a medical license is revoked, it is not final – it can be reinstated at any time.

Are you thinking that the threat of malpractice suits keeps doctors in line? According to the above authors, it takes an average of 2½ years before a malpractice case is resolved, during which time THE DOCTOR CONTINUES TO PRACTICE.

You can ask your state licensing Board if a doctor is now, or ever has been, involved in a malpractice suit or disciplinary action, but they do not have to tell you. They will tell you only if they — the licensing or quality assurance Board — has investigated or disciplined the doctor. (See Resources for Washington State information)

Inlander, President of the People’s Medical Society, says:

“Isn’t it amazing that, thanks to the Human Genome Project, consumers soon will know more about their doctors’ genetic shortfalls than about their competence to practice medicine? It’s about time that trade groups like the American Hospital and American Medical associations recognize that Americans have the right to know the disciplinary actions taken and medical malpractice judgments made against the practitioners we license.”¹²⁰

WHAT YOU CAN DO: THE PATIENTS’ BILL OF RIGHTS

Unlike so many other countries, the U.S. supports only one kind of medicine. Because of this, Americans have been denied many vital aspects of the science and art of healing.

“Your family doctor is NO LONGER FREE to choose the treatment he or she feels is best for you but must follow the dictates established by physicians whose motives and alliances are such that their decisions may not be in your best interests,”¹²¹ says Dr. Alan Levin.

Patients’ most fundamental right – medical freedom of choice – has been lost. The medical monopoly’s right to make money comes before your right to decide – in consultation with your doctor – which cancer therapy would be best for your particular condition. Protecting cancer patients from quacks who sell worthless treatments is certainly a legitimate concern. But this has been used as a pretext to suppress alternative therapeutic approaches and to deny patients – and doctors – the fundamental right to choose the treatments they think are the best.

What Americans call “alternative medicine” is simply part of the legal medical system in many European countries. For instance, in England, Germany and Switzerland – countries with high-quality medical care – doctors and

therapists who use nondrug approaches to healing are practicing freely in lively competition with conventional doctors. British citizens have a legal right to choose their own treatment. We do not have this right in the U.S – certain therapies are prohibited by law *even when patients attribute cures to them*. In Poland, if enough people attest to a provider’s effectiveness, she or he is considered a legal medical practitioner no matter what modality they use.

In many places a variety of treatments are integrated into the practices of medical providers. Dr. David K. Owen, a homeopathic physician from England, states that almost 40 percent of general practices in England offer some form of complementary therapy for their National Health Service patients.¹²² Fran Wiewel of People Against Cancer, says,

“To deny someone freedom to seek a therapy which they believe would save their life is a denial of every moral principle. The U.S. government, in suppressing alternative cancer therapies, is in direct violation of the international Helsinki Accords to which this country is signatory.”¹²³

The Helsinki Declaration, approved by Congress in 1964, states that “the doctor must be free to use a new therapeutic measure, if in his judgment it offers hope of saving life, reestablishing health, or alleviating suffering.”

Another example of an integrated practice is the Klinik Winnerhof, in Bavaria, Germany. Its full name in English is the Winnerhof Medical Center and Clinic for Internal Medicine and Oncological Alternative Medicine Hyperthermia Center. Here is a quote from its brochure:

“At Bavarian Klinik Winnerhof, we conquer cancer. Tailored to each cancer patient’s particular need, the staff at Klinik Winnerhof selects from 135 alternative medicine modalities which furnish true anticancer effects. Taken together, choices from these natural and nontoxic therapies bring about remissions for most forms of malignancy, and often such remissions remain permanently.”

(See the August/September, 1999, “Townsend Letter for Doctors & Patients” for more details.)

The Paracelsus Clinic in Lustmühle, Switzerland offers “biological medicine.” Standard modalities used are, among others, holistic gynecology, energy work, homeopathy, and biological dentistry; they have found – and cured – cancer caused by tooth problems including damage to underlying meridians (caused by various factors including root canals), and toxicity from mercury amalgam (silver) fillings.

To obtain the right to have the treatment of one’s choice, several versions of an amendment to the U.S. Constitution have been up before Congress over the past several years. The most recent, supported by the AMA, is called the Patients’ Bill of Rights. Until recently, Congress has not had much interest in it, but now, it is a hot topic of debate. However, the most recent version I have seen does not include patients’ rights to freedom of choice regarding the kind of treatment they want – it is mostly about rights regarding insurance. To find out more about it, or contribute to efforts to get it changed or passed, check out these websites:

www.AMA-Assn.org/AMA/pub/article/4110-4371.html

www.npaf.org/provisions.htm.

There may be information about it at the People’s Medical Society site: www.peoplesmed.org.

“Why do doctors teach us to say, ‘in remission’? After someone gets cured of the flu, or after surgery for an ulcer, for example, we don’t say they’re ‘in remission.’ We say they’re well, they’re over it, it’s cured, gone. But after cancer, we say ‘in remission.’ Why? Are doctors expecting us to have a recurrence? Does that mean they know their treatment doesn’t work? Otherwise, why would they tell us to be tested for cancer periodically for the rest of our lives?”
anonymous, 2001

YOU DON’T BELIEVE ME / CONCLUSION

I have already had people tell me the information in this report isn’t true – that there are two sides to every opinion, that their doctors snort in derision, their friends have been cured by surgery, radiation and chemotherapy, the books are all written by money-hungry quacks, and so on and so on. I had trouble believing it at first, too. I wish it weren’t true. But the sources of this information were too many to deny. The ones I cite at the end of this report are only the ones I’ve quoted directly – there were many, many other corroborative sources. Plenty of evidence is available. *Look* at some of it. If you still doubt, look again. Look at the Congressional findings about the FDA and ACS entering into conspiracies against practitioners and therapies. Look at the research results, look at the treatments being successfully used *all over the world except in North America*. Look at the infringements of some practitioners’ constitutional rights of free expression. Look at the quotes from former members of the ACS and NCI. Look at the research done by Nobel laureates – these people are not quacks. Think about the logic of cancer causes and cures. Think about the known carcinogens in our environment, about which the mega-companies and governments wish to take no action. Call the resource groups listed at the end of this report, read some of the books and notice all the sources quoted in them. Ask local practitioners of alternative methods about their success rates with cancer, as adjunctive or even primary treatment. Think about it, *before* you or a loved one gets sick.

WHAT I WOULD DO IF I HAD A DIAGNOSIS OF CANCER

First of all, I would obtain one or more “second opinions,” and possibly repeat or undergo more tests, to be sure. If I had to check into a hospital to do so, I would take a friend with me, and a book called, Take This Book To the Hospital With You (see Resources) – to make sure I was not one of those who come out of the hospital sicker than I was when I went in, due to various problems with the services in hospitals. In my quest for second opinions I would include electro-medicine or energy medicine – either a visit to a hands-on healer with paranormal perception into the body, or an N.D. (naturopathic physician) using the VEGA (see the section on Energy Medicine: devices).

While I was waiting for the test results – i.e., immediately – I would become fanatic about a wholesome, vegetarian, entirely organic diet, and about exercise, play, time with friends, stress reduction, and so on. In other words, I would examine my life-style and make sure it was boosting my immune system, my joy in life, my sense of purpose and meaning, and my connections to liked-ones and loved-ones. If I couldn’t find a sense of meaning and purpose, or joy, or deep connections to other people, I would call a psychotherapist and begin discovering what had happened to my will to live.

I would also begin contacting consumer groups to find out what therapies were the best for my health history and the type of cancer I might have. As I learned about these, it would give me hope and a feeling of control, which would contribute to my self-healing and lessen the anxiety of waiting for the diagnosis. I would also start re-reading books like Options and Cross Currents (see Resources). If I was too upset to do these things, I would give a copy of this report to a friend or family member, and ask them to do the research for me.

My treatment(s) of choice would depend on the specifics of the cancer, my overall health, and what my research told me.

In the Meantime – Prevention. I recommend that a healer or VEGA visit, plus temporary (if not permanent) fanaticism about having a healthy, enjoyable and meaningful lifestyle, be done periodically for a few weeks at the minimum, in order to boost and maintain your health. Do it at least once a year, perhaps around your birthday or the first weeks of spring.

RESOURCES AND BOOKS

Note: I am continually receiving new information. Feel free to contact me for additional resources.

Washington Dept. of Health (to check on complaints about physicians): 360/236-4701

Washington State Medical Association: 800/552-0612

Washington State Medical Quality Assurance Commission (to find out if there have been any investigations or disciplinary actions taken by this Commission against a particular doctor: 360/236-4800

[www.cutcat](http://www.cutcat.com)

A catalogue including water purification systems, electromagnetic screening devices, and other health tools.

www.explorepub.com

An alternative health and energy magazine.

www.give.org

Information about the ethics of various charities, especially those about which inquiries or complaints have been registered.

www.healthnet.com

I don't like this site in general because it omits Energy Work as a modality, and has little to say about Energy Medicine, but it does have good, basic information about electrodermal screening devices and about the VEGA. Go to the "Therapies" box, choose Energy Medicine, then choose "Basic explanation of electrodermal screening test." At the end of that information is a section about the VEGA.

<http://lineone.net>

Search for "endocrine" or "hormone" for information on hormone-disrupters.

www.nfam.org

The National Foundation for Alternative Medicine. This site promotes complementary and alternative therapies by providing information about research, news, and lists and descriptions of clinics around the world.

www.oirf.com

The Occidental Institute Research Foundation, has information about EDS and VEGA devices and other types of energy and "biological medicine."

www.organicconsumers.org

Information about toxic ingredients in foods, about genetically-modified foods, about pending legislation, and more.

www.ourstolenfuture.org

Information on environmental contamination and its effects.

www.rachel.org

Information on environmental contamination and its effects.

www.ralphmoss.com

A source of “alternative” cancer information, along with its sister site:

www.cancerdecisions.com

Clinics:

www.winnerhof.de

The Bavarian Klinik Winnerhof for cancer treatment.

Paracelsus Klinik Lustmühle

www.paracelsus.ch/d/

Cell Specific Therapy / Zoetron

www.csct.com

(877) 741-2728

Doctors:

Dr. Max Gerson:

<http://gerson.org>

Dr. Nicholas Gonzalez:

212/213-3337 (New York)

Dr. Xue-Zhi Wang

Qigong Master and Chinese physician

206/547-2435 (in Seattle)

Leads introductory Qigong classes on Saturday mornings from 9:30 - 11:30, in Room #209 of the University Heights Community Center in Seattle, or call for more information or medical appointment.

General:

Seattle Lesbian Cancer Project

206/323-6540

Cancer Control Society

Information through publications, clinic directory, patient list, books, videos, conventions, and tours of alternative clinics in Mexico.

www.cancercontrolsociety.com

2043 N. Berendo St., Los Angeles, CA 90027; 323/663-7801

Cancer Federation

Funds research on biological modifiers, immunology, diet and psychological aspects of cancer. Conducts research and education in various therapies, conducts conferences, publishes newsletter and quarterly.

www.cancerfed.com

P.O. Box 1298, Banning, CA 92220-0009; 909/849-4325

CANHELP

Researches cancer treatments worldwide to inform patients; rather expensive.

Patrick McGrady

3111 Paradise Bay Road, Port Ludlow, WA 98365-9771

360/437-2291

Center for Advancement in Cancer Education

Information, counseling and referral agency which focuses on combining the body's natural healing potential with advances in medical science. Specializes in immunopotential through clinical nutrition, botanical medicine [herbs] and psychoneuroimmunology, as adjuncts or alternatives to conventional treatment.

www.beatcancer.org

300 E. Lancaster Ave., Suite 100, Wynnewood, PA 19096; 610/642-4810

Commonweal

Commonweal Cancer Project offers week-long residential workshops including holistic methods of recovery, and a referral service.

www.commonweal.org/canproj.html

CA 94924; 415/868-0970

The Health Resource Inc.

Provides individualized, comprehensive research report on your specific medical condition, including mainstream, experimental and alternative treatment options. (Available for cancer and other diseases.)

Costs \$375 plus postage.

www.thehealthresource.com

933 Faulkner Street

Conway, AR 72032; 800/949-0090

International Association of Cancer Victors

www.cancervictors.org

Disseminates information on nontoxic chemotherapies, offers educational programs on carcinogens and nutrition, publishes quarterly.

7740 W. Manchester, Suite 203, Playa del Rey, CA 90293

310/822-5032

The Mautner Project for Lesbians With Cancer

www.mautnerproject.org

A national coalition of groups serving this population, plus information and a listserve.

People's Medical Society

www.peoplesmed.org

Good information and a newsletter. Lots of hype for their own books, but still a worthwhile and helpful organization.

462 Walnut St., Allentown, PA 18102

800/624-8773

Women's Cancer Resource Center

email: wrc@sinewave.com

Information and referral hotline, peer referral network, in-home support services, peer support groups, resource library, newsletter, free therapy program, legal services program, educational forums and workshops, *all provided free of charge*. A wonderful group of women.

3023 Shattuck Ave., Berkeley, CA 94705

510/548-9286

World Research Foundation

Provides information to professionals and the public on health tools and technologies currently available outside the U.S. only. Does data searches in the field of health and environment from more than 100 countries. Has Worldwide Scientific Advisory Board.

www.wrf.org 41 Bell Rock Plaza, Sedona, AZ 86351-8804

520/284-3300

Books, Journals & Reports

Note: I am continually receiving information about new books and articles. Feel free to contact me for additional resources.

Alternative Therapies In Health & Medicine, a peer-reviewed journal published by Innovision Communications. Executive Editor: Dr. Larry Dossey. 169 Saxony Road, #104, Encinitas, CA 92024. ww.alternative-therapies.com. 505/986-8266. For Therapeutic Touch research information, see "Clearing the Air in the Therapeutic Touch Controversy," p. 100, and "Un-debunking Therapeutic Touch," p. 101, in the July 1998 issue (Vol. 4, No. 4.)

THE CHAIN OF LIFE, by Dr. W. Guyon Richards, The C. W. Daniel Company, Ltd., Essex, England, 1954. About energy medicine, by a homeopathic physician.

"Chemicals, Estrogen & Breast Cancer," by Pelican Lee, December 2000, available from Rev. Barbara Clearbridge.

"Client Summaries," by Rev. Barbara Clearbridge, available from the author: P. O. Box 202, Chimacum, WA 98325. An updated summary of outcomes of Rev. Clearbridge's work with clients with cancer.

CROSS CURRENTS, The Promise of Electromedicine, The Perils of Electropollution, by Dr. Robert O. Becker, Jeremy P. Tarcher, 1990.

FOOD IS YOUR BEST MEDICINE, by Dr. Henry Bieler, Random House, 1966.

GETTING WELL AGAIN, by Dr. O. Carl Simonton and Stephanie Matthews-Simonton, Bantam Books, 1978. The first holistic program for curing cancer.

THE GOLDEN FOUNTAIN, The Complete Guide To Urine Therapy, by Coen van der Kroon, Amethyst Books, 1993.

LOVE, MEDICINE AND MIRACLES, by Dr. Bernie Siegel, Harper & Row, 1986.

MEDICINE ON TRIAL, The Appalling Story of Ineptitude, Malfeasance, Neglect, and Arrogance, by Inlander, Levin and Weiner, Prentice Hall Press, 1989. Now available from the Peoples Medical Society, 462 Walnut St., Allentown, PA 18102; 800/624-8773.

OPTIONS, The Alternative Cancer Therapy Book, by Richard Walters, Avery Publishing Group, Inc., 1993.

OXYGEN HEALING THERAPIES for Optimum Health & Vitality, by Nathaniel Altman, Healing Arts Press, 1995.

THE POLITICS OF CANCER REVISITED, by Samuel S. Epstein, M.D., 1998. This author won the 1998 Right Livelihood Award — the “alternative Nobel Prize.”

RECALLED BY LIFE, by Dr. Anthony Sattilaro, Houghton Mifflin, 1982. About the macrobiotic diet which cured the author’s cancer.

“**Special Report**” (on rBGH in dairy products), Syracuse Cultural Workers, 2001; www.syr culturalworkers.org, (315) 474-1132, P.O. Box 6367, Syracuse, NY 13217.

TAKE THIS BOOK TO THE HOSPITAL WITH YOU, by Charles B. Inlander and Ed Weiner, People’s Medical Society, 1993. Available from the People’s Medical Society, 462 Walnut St., Allentown, PA 18102; 800/624-8773

Townsend Letter for Doctors & Patients, a magazine. Editor-In-Chief: Dr. Jonathan Collin, www.tldp.com, 911 Tyler, Port Townsend, WA 98368, (360) 385-6021.

VICTORY OVER CANCER, by Cyril Scott, True Health Publishing Company, London, 1939

THE WATER OF LIFE, by John W. Armstrong, Health Science Press, Saffron Walden, England, 1990 (original edition 1944). About urine therapy.

YOUR OWN PERFECT MEDICINE, by Martha M. Christy, Future Med, Inc., 1994. About urine therapy.

The following were suggested by John Ruhland, N.D., but I have not personally reviewed them. Since they are more recent than many of my sources, I include them here:

POLITICS IN HEALING, by Daniel Haley, Potomac Valley Press, 2000. Call: 800/898-0639.

DOCTOR MAX, by Giuliano DeGo, Station Hill Press, 1997.

INDEX

- ACS, 2, 6-9, 25, 26, 31
- Acupuncture, 2, 3, 6, 10, 13, 16
- Adjunctive therapies, 17
- AIDS, 7, 27
- Alkylphenol polyethoxylates, 20
- Alternative medicine, 3, 16, 24, 25, 30, 33
- AMA, 2-4, 6, 14, 27, 30
- American Cancer Society, 3, 2, 23, 25
- American Medical Association, 3
- Aromatherapy, 16
- Art therapy, 16
- Arteriosclerosis, 7
- Aspartame, 18
- Asthma, 7
- Attitude, 11
- Ayurveda, 10
- Biocycle, 17
- Bioelectric, 11, 14
- Biological treatment, 16
- Biopsies, 1, 4
- Biopsy, 4
- Bio-chemic treatment, 16
- Bio-oxidative therapies, 7
- Blindness, 18
- Blood cells, 3
- bombardment, 22
- Brain lesions, 18
- Bras, 2, 23
- Broadcast towers, 21, 22
- Cancer, 1-3, 1-32, 34-37
 - abdominal, 6
 - bladder, 4, 6, 9
 - brain, 4, 9, 11, 13, 15, 18
 - breast, 4, 5, 9, 18-21, 23, 26, 36
 - cells, 3, 4, 7-9, 11, 14-16, 19, 21
 - cervical, 3, 19
 - childhood, 21
 - colon, 4-6, 9, 18, 19
 - death rate, 2, 5
 - growth, 4, 13, 17-19, 21
 - liver, 22, 26
 - lung, 4, 5, 9
 - ovarian, 9, 19
 - ovary, 5
 - pancreas, 5
 - prostate, 3, 32
 - survival statistics, 2
 - tongue, 9
 - uterine, 9, 19
- Cardiac arrhythmias, 15
- Case
 - malignant, 3, 4, 8, 14, 21
- Cataracts, 14
- Chakra, 12
- Chemical residues, 18
- Chemical Wastes, 2, 19
- Chemotherapy, 2, 1-5, 12, 13, 16, 17, 31
- Chiropractic, 3, 15, 27
- Chromosomal damage, 4
- Coley's Toxin, 2, 7
- Complications, 3
- Consumer groups, 5, 31
- Control of one's own treatment, 17
- Death, 1-5
- Death rates, 4, 5
- Depression, 12, 18, 23
- Devices
 - Cell Specific Therapy, 2, 14, 34
 - Multi-wave oscillator, 2, 14
 - Rife Frequency Instrument, 2, 14
 - VEGA, 2, 15, 31-33
- Diabetes, 7, 19
- Diet, 2, 7, 8, 18, 19, 31, 34, 37
- Diet therapies, 2, 8
 - macrobiotics, 2, 8
 - Moerman's, 2, 8
- Dimethyl sulfoxide, 6
- Dioxin, 18
- DMSO, 2, 6
- Doctors
 - human nature and, 3, 28
 - liability, 3, 29
 - money and, 26
- Double-blind studies, 24
- Drug, 3, 5, 6, 18, 24, 26, 27
- Drug industry, 5
- Dysentery, 9
- Eating patterns, 19
- Electrical
 - DC analog system, 18
- Electricity, 11
- Electromagnetic, 2, 10-12, 14-16, 21, 22, 25, 33
 - disturbances, 11
 - energy, 2, 6, 10-15, 22, 26, 27, 30, 31, 33, 36
- Extremely Low Freq, 21
- field, 3, 7, 11, 12, 21, 22, 28, 36

fields, 11, 12, 15, 21, 22
 forces, 10-12, 22
 frequencies, 15, 21, 22
 radiation, 2, 1-5, 11-14, 16, 17, 19, 21, 23,
 25, 29, 31
 waves, 10-12, 15
 ELF, 21
 Endocrine, 20
 Energy medicine, 2, 10, 11, 15, 31, 33, 36
 devices, 2, 13-15, 22, 31, 33
 Distance healing, 2, 15
 Energy system, 10, 11
 Energy Work, 2, 10-13, 26, 30, 33
 hands-on, 11, 13, 31
 Reiki, 10, 12
 Shamanic healing, 10
 Therapeutic Touch, 10, 12, 26, 36
 Energy worker, 12
 Environmental Protection Agency, 18, 21
 Enzymes, 11, 16
 Fatigue, 4, 12
 FDA, 3, 4, 6, 7, 9, 14, 15, 18, 19, 24, 31
 Food, 2, 3, 6, 15, 18-21, 24, 36
 Additives, 2, 18
 cheeses, 18
 Coffee, 18
 colorings, 18
 contamination, 18, 20, 33
 meat, 19
 meats, 18
 preservatives, 18
 Food & Drug Administration, 3, 6, 24
 Foods, 6, 18, 20, 33
 Fu Zhen Therapy, 2, 17
 Fungicide, 18
 Gangrene, 7
 Genetic abnormalities, 15
 Gonorrhea, 9
 grape cure, 16
 Headaches, 18
 Healer, 12, 31, 32
 Healers, 11
 Herbal therapies, 2, 8
 Essiac, 2, 8
 Rees Evans, 16
 Herbal treatment, 4, 6, 16, 17
 Herbicides, 19
 Herbs, 6, 8, 10, 24
 Holistic, 10, 13, 17, 27, 30, 35, 36
 Homeopathic, 4, 13, 30, 36
 remedy, 10
 Homeopathy, 2, 3, 10, 13, 27, 30
 Hormone
 disrupters, 20, 33
 Hormones, 18, 20
 Hydrogen Peroxide, 7, 27
 Hyperthermia, 2, 16, 17, 30
 Immune
 deficiency, 4, 10, 19
 Immune deficiency diseases, 19
 Immune system, 2, 5, 9, 11, 15, 17, 19, 22, 23, 31
 failure, 2, 2, 4, 5, 19, 22, 25, 28
 Immune therapies, 2, 7
 Industrial wastes, 18
 Insomnia, 18
 Insurance companies, 3, 9, 27
 irradiation, 3, 4
 Jacobson Resonator, 2, 15
 JAMA, 26, 27
 Journal of the American Medical Association, 3, 9,
 24, 26
 Ki, 10
 Lab tests, 1
 Laying-on-of-hands, 2, 10, 11
 Leukemia, 21
 Lupus, 19
 Lymph glands, 2
 Lymphadenectomies, 3
 Lymph-stasis, 16
 Magnetism, 11
 Malpractice, 1, 4, 29
 Massage, 16
 Meditation, 6
 Melanomas, 16
 Memory, 18
 Mental illness, 18
 Metabolic therapies, 2, 7
 Microwave, 21
 Misdiagnoses, 1
 Monsanto, 18, 19
 Mood, 10, 18
 Multiple sclerosis, 19
 N.D., 29, 31, 37
 National Cancer Institute, 3, 2, 23, 26
 Conspiracy, 3, 6
 National Cancer Program, 2
 National Institutes of Health, 24
 Nature-cure, 16

Naturopathic physicians, 27
 Nausea, 4, 12
 NCCAM, 24, 25
 NCI, 2-4, 6, 8, 22, 26, 31
 Neurological disorders, 15
 NIH, 16, 24, 25, 30
 Norman Baker cure, 16
 Nutra Sweet, 18
 Nutrition, 8, 19, 35
 Nutritional, 8, 9, 27
 Oncologists, 5
 Organic, 9, 18, 20, 27, 31
 Organo-chlorines, 20
 Osteopathy, 3, 16
 Oxygen, 7, 11, 24, 27, 37
 Ozone Therapy, 2, 7
 Pain, 10-12, 15, 28
 Paracelsus Clinic, 30
 Paranormal perception, 12, 31
 Patient's Bill of Rights, 3
 Pesticide, 18, 20, 24
 Petit mal seizures, 18
 Pharmaceutical industry, 3, 27
 Phthalates, 20, 21
 Plastics, 2, 18, 20, 21
 Polio, 9
 Pollution, 2, 19, 24
 Polyps, 18
 Potash cure, 16
 Prana, 10
 prostate, 5, 18, 19
 psycho-neuro-immunology, 2, 17
 PVC, 21
 Qi, 10
 Qigong, 2, 12, 13, 34
 Quackery, 2
 Quacks, 29, 31
 Rabies, 9
 Radiation, 2, 1-5, 11-14, 16, 17, 19, 21, 23, 25, 29, 31
 Radioactivity, 4
 Radiologist
 errors, 1
 Radiologists, 1, 4
 Radiotherapy, 4, 5
 rBGH, 18, 19, 37
 Relaxation, 16
 Rheumatoid arthritis, 19
 Sarcomas, 16
 Second opinion, 1
 Self-healing, 11, 18, 31
 Shaman, 11
 Side effects, 2, 4, 6, 9
 Sperm, 20
 Stress, 1, 11, 15, 17, 19, 23, 31
 Support groups, 36
 Surgery, 2, 1-5, 12, 13, 17, 19, 24, 31
 Lymph node, 3
 The Lancet, 4, 26
 The Pentagon, 3, 25
 Therapies
 Adjunctive, 2, 10, 15-17, 31
 Alternative, 2, 3, 1-4, 6, 16, 18, 24-27, 29-31, 33-37
 Complementary, 2, 3, 1, 10, 16, 24, 25, 30, 33
 Trauma, 23
 Triazine, 19
 Trihalomethanes, 20
 Tuberculosis, 9, 14
 Tumor, 3, 4, 6, 7, 9, 16
 size, 3, 9
 Tumors, 1, 4, 5, 7, 8, 12, 14, 16, 18
 brain, 4, 9, 11, 13, 15, 18
 reduction, 6, 9, 31
 shrink, 5, 12
 Typhoid, 9
 Urea, 9
 urine, 2, 8, 9, 27, 36, 37
 Urine therapy, 2, 8, 9, 27, 36, 37
 Vegetarians, 19
 Vinclozolin, 20
 Vinyl, 20, 21
 Virus, 3, 13, 23
 Viruses, 9, 11, 23
 visualization, 2, 13, 16, 17
 War on cancer, 2
 Water, 2, 18-21, 33, 37
 chlorinated, 2, 20
 Chlorine, 20
 fluoride, 20
 Websites, 3, 21, 27, 30
 Winnerhof Medical Center, 30
 Wound healing, 15
 Wounds, 7
 X-ray, 1
 X-rays, 26
 Zoetron, 14, 34

NOTES FOR QUOTES

- ¹ L. Berlin, "Does the 'Missed' Radiographic Diagnosis Constitute Malpractice?" *Radiology*, May 1977, p. 523, cited by Inlander, Levin and Weiner, Medicine On Trial, The Appalling Story of Ineptitude, Malfeasance, Neglect and Arrogance, Prentice Hall Press, 1989, p.74
- ² The Chain of Life, by Dr. W. Guyon Richards, The C.W. Daniel Company, Ltd., Essex, England, 1954, p. 176
- ³ Options, The Alternative Cancer Therapy Book, by Richard Walters, Avery Publishing Group, Inc., 1993, p.1
- ⁴ Peter Barry, "The National Cancer Institute & The Fifty Year Cover Up," *East West Journal*, January 1978, cited in Options, p.4
- ⁵ Hardin B. Jones, "'A Report On Cancer,'" March 7, 1969, cited in Options, p.4-5
- ⁶ Options, p. 340
- ⁷ Options, p.340
- ⁸ *Business Week*, September 22, 1986, cited in Options, p.4
- ⁹ The Chain of Life, p.170
- ¹⁰ Patrick McGrady, Jr., *Townsend Letter for Doctors*, 1984
- ¹¹ John Cairns, *Scientific American*, November 1985
- ¹² *Seattle Times*, July 27, 1980, cited in Options, p.12
- ¹³ Conquering Cancer, Random House, 1978, p. 95, cited in Options, p.12
- ¹⁴ Jan Stjernsward, "Decreased Survival Related to Irradiation Postoperatively in Early Operable Breast Cancer," *The Lancet*, November 30, 1974; and Mark Fuerst, "Doctors Persist With Outmoded Cancer Therapies," *Cancer Forum*, Vol. 9, No. 7-8, p. 11, cited in Options, p.12
- ¹⁵ Ben Fitzgerald, Congressional Record, August 28, 1953, cited in Options, p.13
- ¹⁶ William D. Kelley, Dr. Kelley's Answer To Cancer, Wedgestone Press, 1986, p.11, cited in Options, p.14
- ¹⁷ T. J. Powles, et al., "Failure of Chemotherapy to Prolong Survival in a Group of Patients with Breast Cancer," *The Lancet*, March 15, 1980, p. 580, cited in Options, p.10-11
- ¹⁸ Gary Null, "Medical Genocide," 1987, cited in Options, p. 1
- ¹⁹ *Scientific American*, November, 1985 cited in Options, p. 336
- ²⁰ Dissent In Medicine: Nine Doctors Speak Out, Chicago: Contemporary Books, 1985, cited in Options, p.11
- ²¹ Options, p.341
- ²² Options, p.4
- ²³ Crosscurrents, The Promise of Electromedicine, The Perils of Electropollution, by Dr. Robert O. Becker, Jeremy P. Tarcher, 1990, p.xiii
- ²⁴ Said at a National Academy of Sciences Symposium on DMSO, cited in Options, p. 253
- ²⁵ Crosscurrents, p.54
- ²⁶ Oxygen Healing Therapies For Optimum Health and Vitality, by Nathaniel Altman, Healing Arts Press, 1995, p. 2-3
- ²⁷ Options, p. 190
- ²⁸ Dr. Harold Ladas, "Book Review," *Cancer Victors Journal*, 1988, cited in Options, p. 204
- ²⁹ The Chain of Life, p.195

- ³⁰ Dr. John R. Herman, Clinical Professor of Urology at Albert Einstein College of Medicine in New York City, *New York State Journal of Medicine*, 1980
- ³¹ Dr. Stanislaw Burzynski, *Physiology, Chemistry & Physics*, 1977, cited in Your Own Perfect Medicine, by Martha M. Christy, Future Med, Inc., 1994, p. 19
- ³² *Journal of the American Medical Association*, July 3, 1954, cited in Your Own Perfect Medicine, p. 20
- ³³ The Golden Fountain, The Complete Guide to Urine Therapy, by Coen van der Kroon, Amethyst Books, 1993, p. 103
- ³⁴ Your Own Perfect Medicine, p. 39-40
- ³⁵ Dr. Stanislaw Burzynski, cited in The Golden Fountain, p.92
- ³⁶ The Chain of Life, p.134
- ³⁷ Crosscurrents, p.296
- ³⁸ The Chain of Life, p.176
- ⁴⁰ Portions of this explanation were taken from “Energy Work — The Basics,” by Rev. Barbara Clearbridge, *Townsend Letter for Doctors & Patients*, April, 1998, p. 124.
- ⁴⁰ Crosscurrents, p.xiii, 27, 169-170
- ⁴¹ Crosscurrents, p.70
- ⁴² Victory Over Cancer, by Cyril Scott, True Health Publishing Company, London, 1939, p.153
- ⁴³ Options, p.275
- ⁴⁴ Options, p.248
- ⁴⁵ Options, p. 225-6
- ⁴⁶ Hands Of Light, A Guide To Healing Through The Human Energy Field, by Barbara Ann Brennan, Bantam Books, p.143
- ⁴⁷ Rev. Barbara Clearbridge, client histories
- ⁴⁸ Xie Huan-Zhang, “The Scientific Basis of Chi Gong, Beijing Institute of Technology, 1985, cited in Options, p. 314
- ⁴⁹ Crosscurrents, p.108
- ⁵⁰ Crosscurrents, p.113-114
- ⁵¹ Dr. Xue-Zhi Wang, quoted in “Qigong, China’s Healing Miracle,” by Barbara Clearbridge, *Common Ground*, October 1996, p. 19
- ⁵² Dr. Arthur Grimmer, “Homeopathic Treatment of Cancer,” *Journal of the American Institute of Homeopathy*, vol. 23, June 1950, cited in Options, p. 285
- ⁵³ Options, p. 284
- ⁵⁴ The Chain of Life, p.162, 178
- ⁵⁵ Crosscurrents, p.52
- ⁵⁶ Barry Lynes, The Cancer Cure That Worked: Fifty Years of Suppression, Marcus Books, 1987, p. 61, cited in Options, p.269
- ⁵⁷ Options, p.271
- ⁵⁸ “Medicine on the Holodeck,” *New Age Journal*, Jan/Feb, 1998.
- ⁵⁹ *Ibid.*
- ⁶³ “Effects of Magnetic Fields on Damaged Mice Sciatic Nerves,” Jacobson, Yamanashi, Saxena, Brown, Parekh, Shin and Saxena, *Frontier Perspectives*, The Center for Frontier Sciences at Temple University, spring 2000, p. 6.
- ⁶¹ The Chain of Life, p.199
- ⁶² Crosscurrents, p.214-15
- ⁶³ “Deciphering the Language of Cells,” *Trends in Biological Science*, cited in Crosscurrents, p. 67

- ⁶⁴ *Complementary & Alternative Medicine at the NIH*, the newsletter of the NIH Center for Complementary & Alternative Medicine, Spring 2001, p. 11
- ⁶⁵ Options, p.241, 243-44
- ⁶⁶ Options, p.241
- ⁶⁷ Crosscurrents, p.77
- ⁶⁸ Published in *Cancer*, quoted in *LRC Newsletter*, December, 1999
- ⁶⁹ Crosscurrents, p.103
- ⁷⁰ Crosscurrents, p.91
- ⁷¹ "Chemicals, Estrogen and Breast Cancer," Pelican Lee, December, 2000, p.12-13
- ⁷² Stephens and Lydon, *Mothers & Others for a Livable Planet*, undated
- ⁷³ Options, p. 141
- ⁷⁴ Options, p. 144
- ⁷⁵ Options, p. 145
- ⁷⁶ Options, p. 145
- ⁷⁷ Options, p. 31
- ⁷⁸ Your Own Perfect Medicine, p.40
- ⁷⁹ Options, p. 55
- ⁸⁰ "Chemicals, Estrogen and Breast Cancer," Pelican Lee, December, 2000, p. 3
- ⁸¹ "Chemicals, Estrogen and Breast Cancer," p. 2
- ⁸² "Chemicals, Estrogen and Breast Cancer," p.15
- ⁸³ "Chemicals, Estrogen and Breast Cancer," p. 6
- ⁸⁴ "Chemicals, Estrogen and Breast Cancer," p. 7
- ⁸⁵ Crosscurrents, p.205-6, 212-13
- ⁸⁶ Crosscurrents, p.204-5
- ⁸⁷ Crosscurrents, p.213
- ⁸⁸ Crosscurrents, p.214
- ⁸⁹ Crosscurrents, p.296
- ⁹⁰ Crosscurrents, p.202
- ⁹¹ The Chain of Life, p.176
- ⁹² The Chain of Life, p.138
- ⁹³ The Chain of Life, p.138, 139
- ⁹⁴ Book review of Dressed to Kill: The Link Between Breast Cancer and Bras, *Townsend Letter for Doctors & Patients*, Feb/Mar 1996
- ⁹⁵ "Chemicals, Estrogen and Breast Cancer," p. 14-15
- ⁹⁶ Options, p. 255
- ⁹⁷ Patrick McGrady of CANHELP, *The Leader*, March 1, 2000
- ⁹⁸ Your Own Perfect Medicine, p. 46
- ¹⁰² David Riley, editorial, *Alternative Therapies in Health & Medicine*, Nov/Dec 1998, p. 35-36
- ¹⁰⁰ Your Own Perfect Medicine, p.43
- ¹⁰¹ Oxygen Healing Therapies, p. 3
- ¹⁰² *Complementary & Alternative Medicine at the NIH*, Spring 2001, p.8

- ¹⁰³ Crosscurrents, p.299
- ¹⁰⁴ “Cancer Scandal: The Policies and Politics of Failure,” videotape produced by the Patient Rights Legal Action Fund, cited in Options, p. 339
- ¹⁰⁵ Barry Lynes, The Healing of Cancer, Marcus Books, 1989, p. 51-2, cited in Options, p. 338, 335
- ¹⁰⁶ Options, p. 339
- ¹⁰⁷ Patrick McGrady, of CANHELP, *The Leader*, March 1, 2000
- ¹⁰⁸ *People’s Medical Society Newsletter*, June, 2000, p. 6
- ¹⁰⁹ Your Own Perfect Medicine, p. 43
- ¹¹⁰ Oxygen Healing Therapies, p.3
- ¹¹¹ Sharon Bloyd-Peshkin, “The Health-Fraud Cops: Are the Quack Busters Consumer Advocates or Medical McCarthyites?” *Vegetarian Times*, August, 1991, p.51, cited in Options, p. 301
- ¹¹² Dr. Robert Mendelsohn, quoted in Medicine On Trial, p. 201
- ¹¹³ Crosscurrents, p.xii
- ¹¹⁴ *Ibid.*
- ¹¹⁵ V. W. Sidel and R. Sidel, A Healthy State, Pantheon, 1983, p. 94, cited in Medicine On Trial, p. 198
- ¹¹⁶ Harris, Rich and Crowson, “Attitudes of Internal Medicine Residents and Staff Physicians Toward Various Patient Characteristics,” *Journal of Medical Education*, March 1985, p. 193-4, cited in Medicine On Trial, p. 199
- ¹¹⁷ John Ruhland, N.D., *Washington Free Press*, March/April 2001
- ¹¹⁸ “Doctor Discipline: A Necessary Cure for the Malpractice Crisis,” *Health Letter*, November/December 1985, p. 6, cited in Medicine On Trial, p. 178
- ¹¹⁹ Medicine On Trial, p. 179
- ¹²⁰ *People’s Medical Society Newsletter*, April 2001, p. 5
- ¹²¹ Dissent In Medicine, p. 243, cited in Options, p. 335
- ¹²² *Complementary & Alternative Medicine at the NIH*, Spring 2001, p. 10
- ¹²³ Options, p. 336